

The Share & Care Group 

Share & Care Roadshow

Wednesday 1st March 2017, 10am - 12:30pm, Carers Count
8 Upperhead Row, Huddersfield, West Yorkshire, HD1 2JN

Join us for a unique roadshow event at Carers Count, where experienced and knowledgeable Health and Social Care Professionals will be available to answer your questions and provide support on a range of issues.

This special Share & Care Roadshow will enable you to share experiences in a friendly and open group environment.

Sessions at this event include:

Fatigue Management
Coping Skills
Manual Handling

Presented by Kirkwood Hospice's Occupational Therapist, Ginny Burgoyne, and Carers Count Counsellor, Julie Roome

If you are a carer or know someone who may benefit from this course, please contact:

Julie Roome at Carers Count on: **0300 0120231**

or Jackie Holmes at the Hospice on: **01484 557900**

Kirkwood Hospice

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