



**Kirkwood**  
The Hospice for Kirklees

# news

Spring & Summer 2019

Registered Charity No. 512987

Kirkwood Hospice 

@KirkwoodHospice  



## In this issue...

### Cooking up a storm

Head Chef Matthew on creating bespoke food experiences for our patients.

### Meeting a local hero

Lifelong rugby fan Raymond gets to know league legend Henderson Gill.



# Our Enabling Volunteers

At Kirkwood, patient care and supporting people and their families to improve quality of life is at the heart of everything we do. We focus on what is really important to each individual in order to help them remain as independent as possible.

There are many ways that those in the community choose to volunteer their time for Kirkwood and we are proud to have a new team of Patient Enabling Volunteers based here at the Hospice.

This team are trained to talk with and listen to patients in order to meet individual needs as closely as possible and get to know the person a little better.

Finding out who they are, what is important to them and how we can best support them. We want each person to be seen as an individual outside of their condition.

Whether this may be enjoying fresh air out in our gardens, playing games, watching television, listening to music or simply just having a chat, there

are many ways Kirkwood's Enabling Volunteers can support patients to ensure each individual enjoys the best quality of life during their time with us.

For more information or to find out how to become an Enabling Volunteer for Kirkwood, please call us on: **01484 557900**



## "Thank you for taking care of my Grandad"

Richard Day was cared for on the In-Patient Unit at Kirkwood at the end of his life in August 2018. During that time, his granddaughter, Poppy, visited the Hospice and witnessed first-hand the care her grandad received.

Poppy decided she wanted to give back to Kirkwood by hosting a coffee morning for her family and friends so that other people could receive care like Richard did.

On Saturday 22nd September, Poppy brought her friends and family to her Cleckheaton home to raise vital funds for Kirkwood. The day raised an amazing £840, which was then topped up to £1,000 by Poppy's grandma, Sandra.

During the lead up to the fundraiser, Poppy wrote a letter to the Kirkwood team, thanking them for the care her grandad received. We'd like to share this letter with you.

Dear Kirkwood Hospice

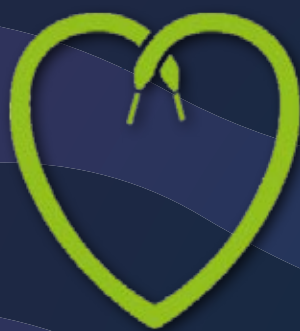
I wrote this letter to say a big thank you for taking care of my grandad Richard, he's gone now to heaven we are all heartbroken but we are sure we took him to the right place.

To say a big thank you we are going to do a coffee morning/ afternoon to raise money for your Hospice, I hope you take the money we raise because it's important we want to help you to carry on helping people like my grandad Richard. I wish we could have done more to help my grandad Richard.

Thank you so very much.

From Poppy Day, Richard Day's granddaughter





# 2019 MIDNIGHT MEMORY WALK



## SATURDAY 22<sup>ND</sup> JUNE AT THE UNIVERSITY OF HUDDERSFIELD

Kirkwood's Midnight Memory Walk is back on Saturday 22nd June and this year we want to make this our biggest walk yet. Whether you've taken part before or looking to take part for the first time, you are guaranteed to be part of an unforgettable night.

Starting and finishing at the University of Huddersfield, join us and lace up to walk six or ten miles in memory of loved ones.

Last year, 1,265 walkers from across the Kirklees community laced up to make it our biggest event yet and raised a record-breaking £117,000 for Kirkwood.

We want to be bigger and stronger than ever this year, as we try to fund the cost of running Kirkwood for a whole week!

If this target is met, our Midnight Memory Walk will have raised in excess of £1million towards Kirkwood patient care since it launched in 2006.

This family-friendly event is suitable for all ages and we even encourage your canine companions to join in the fun.

On the night, registration will open from 9.30pm with live entertainment bringing an electric atmosphere during the countdown to midnight.

As the clock strikes 12am, you will embark on the challenging walk, filling the streets of Huddersfield with lime green T-shirts along a brand new route.

Along both the six or ten mile walk, the routes will pass Kirkwood Hospice in Dalton,

where walkers can stop along the way and write a dedication to their loved ones on our very special memory wall.

Once finishing the walk back at the University of Huddersfield, walkers are presented with a breakfast buffet and medal. You can wear this medal, knowing you have helped to support Kirkwood to care for anyone affected with a life limiting illness in Kirklees.

So get ready, lace up your boots and take on this special challenge for Kirkwood!

### Standard prices:

- ★ Adults **£17**
- ★ Children (16 and under) **£10**
- ★ Dogs **£5**

The Midnight Memory Walk is sponsored by:

**syngenta**  
*Bringing plant potential to life*

**F&G**  
Huddersfield

Thank you to the  
**University of  
Huddersfield**  
for their support.

**SIGN UP  
NOW**

Sign up online at: [www.kirkwoodhospice.co.uk/mmw](http://www.kirkwoodhospice.co.uk/mmw) or call: **01484 557911**

## Cooking up a Storm

Meet Matthew. Matthew has been a Chef for 20 years and recently left his position as Head Chef at Harvey Nichols to work for Kirkwood. Through his role, Matthew believes he can make a real difference by creating bespoke food experiences for every patient. This is his story:

**"Starting my role at Kirkwood, I was looking for something local in my community where I could make a difference.**

"Different people have different associations and types of food that make them happy. I think one of my jobs is to make every patient's time here, from a food perspective, as positive as possible.

"We had a patient who was quite unwell when I first started.

"After having a long chat with her, she told me that she loved fresh pasta and that one of her favourite dishes was pasta Carbonara.

"We got up early one morning, got the pasta machine out, made some fresh tagliatelle and a beautiful Carbonara sauce. I believe that was the first time she'd eaten in a few days."



**Trisha Ward, of Sheepridge, was a patient on Kirkwood's In-Patient Unit at the end of 2018. This is her side of the story:**

**"Before I was ever ill, I loved my food and I had a huge appetite. My family used to all laugh because I was quite slim and I could eat whatever I wanted.**

"When I got ill, I suddenly went off my food. I didn't have an appetite for anything and that's when I knew I was really poorly. I ended up in hospital and nothing appealed to me. My brain knew that I needed to eat, but I never wanted to.

"Then I came to Kirkwood and everything changed. I met the new Chef, Matthew, and he came round to talk to me about food.

"He sat down, and he really listened to me. It was so nice that he took the time out to talk to me, and put himself on my level.

He was very humble and gentle, but I thought he'd forget all about it.

"The very next day, he'd gone away and thought about it and brought me one of the meals I said I really liked. It was fresh tagliatelle, which was heaven on a plate. I felt really emotional and I started to perk up a little bit and think about what I might eat next.

"After that, I started eating again. That first day, I ate three meals and that's the first time I'd eaten anything like that for weeks. Before I was eating because I knew I needed to keep my body alive, but now I am enjoying food again.



"I can't even describe what Matthew has meant to me. After I'd been at Kirkwood, my family couldn't believe how well I was doing and I put that down to Matthew, and the whole medical team here. I've got stronger every day and for that, I can't thank them enough."

*After her time at Kirkwood, Trisha was discharged to her own home where she died peacefully in December 2018.*



# The Mayor of Kirklees' Charity Appeal

Last year, we were delighted to find out that the Mayor of Kirklees, Gwen Lowe, had chosen Kirkwood as one of her charities during her year in office. All the money raised by The Mayor's Charity Fundraising Appeal will help to provide important training for our Community Nurse Specialists.



**Between May 2018 and May 2019, Mayor of Kirklees, Gwen Lowe, and her Charity Challenge Appeal team set themselves the goal of raising a phenomenal £20,000 for their two chosen charities; Kirkwood Hospice and the RSPCA.**

Thanks to the amazing backing of the Kirklees community and some fabulous fundraising events along the way, the team are close to reaching their goal.

With lots of events taking place throughout the year, including a Best of British Evening, a Music Evening at Dewsbury Minster, a Taste of Christmas show, a Charity Walk for Peace and a dog show - 'Paws for a Cause' - it has been a busy year!

If that wasn't enough, the team also launched the Mayor's Charity Challenge Week in September 2018, with schools, community groups, individuals

and businesses challenged to host their own fundraising events in aid of the appeal.

Gwen was inspired to raise funds for our Community Specialist Nurses after hearing about the care and support the team provide in local communities across Kirklees.

All the monies raised will help members of our Community team train to become qualified Nurse Prescribers.

Kirkwood's Nurse Prescribers will be able to prescribe some of the medications most often needed in end of life care when visiting their patients at home. This will mean that our patients will get some prescriptions immediately, without having to wait for a GP to do it. Families will then be able to go to a local chemist to obtain the medications, reducing the time that it usually takes to get newly prescribed medications.

By supporting our Community team in this way, Gwen hopes to leave a lasting legacy.

She said: "In the perfect end, I'm sure most would wish to die at home. I recently listened to a piece on the radio during Dying Matters Week, with the emphasis on Hospice at Home.

"A lady told how she was dying from liver cancer and talked about not wanting to spend her last few days and hours being rushed into A&E, or dying in a beige room.

"Friends and family had decorated her bedroom her favourite colour of blue, so that she could leave this life surrounded by her own personal belongings with family and friends together.

"I want to reach out to ALL communities to think about the needs of people at the end of their lives, and what we can do to help."

***If you'd like to get involved or for any queries, please contact Gwen on: 07716 998 387 or email: [themayorappeal@gmail.com](mailto:themayorappeal@gmail.com)***

## Upcoming Events

**Sat 13th April**  
**Mayor**  
**Fest**

Greenhead Park,  
Huddersfield

**Fri 19th April**  
**Bucket**  
**Collections**

Dewsbury  
Rams

**Sat 20th April**  
**Victorian Fancy Dress**  
**Sponsored Walk**

Batley Town Hall to  
Huddersfield Town Hall

**Mon 29th April**  
**- Sat 4th May**  
**Mayor's**  
**Charity Challenge**  
**Week**

**Fri 3rd May**  
**Mayor's Friday**  
**Feast**  
St Mary's Parochial  
Hall, Batley

## New Look for our Shops

If you've visited our shops in Batley, Holmfirth, Honley or Meltham recently, you might have noticed that we've given them a bit of a facelift.

It's all part of our efforts to highlight the different ways which we provide care and show our customers that when shopping in or donating to their local Kirkwood shop, they are supporting local people who rely on our care.

Have you seen our shops' new look? If not, why not pop in and take a look - you might even grab yourself a bargain!



## Popping Up in the Packhorse

Have you visited our Pop-up shop in the Packhorse Centre yet?

Our latest Pop-up retail space is located on the ground floor in the heart of Huddersfield's Packhorse Centre. We've got some great items for sale at even better prices, and great new products are coming in every single day!

We're not sure how long we'll be sticking around, so be sure to visit our friendly team and take advantage of our great offers before it's too late.

## We need your help!

Our shops are in need of new stock to help us raise vital funds for people affected by life limiting illnesses in your community. It's easy to donate at any of our shops - and you'll be amazed how much good your unwanted items can do!

Did you know that our shops help us to raise over £2million every year to care for local people affected by life limiting illnesses?

Whether you're thinking of throwing out those clothes that just don't fit anymore, having a spring clean or simply hoping to get rid of your old books, DVDs or small electrical items, please consider donating them to Kirkwood.

Your support will make a massive difference for people who rely on our support where you live.

Can  
you help  
us?

You can find out more about donating and locate your nearest shops on our website at:  
[www.kirkwoodhospice.co.uk/shops](http://www.kirkwoodhospice.co.uk/shops)



TAKE TO THE SKIES

# WING WALK SUNDAY 9<sup>TH</sup> JUNE 2019

Imagine the wind in your hair and the adrenaline coursing through your body as you climb higher and higher - strapped to the roof of a plane!

If this sounds like your idea of a great time, why not take to the skies for Kirkwood at our Wing Walk on Sunday 9th June 2019 at Wickenby Aerodrome, Lincoln.

Last summer, Michael Haigh took on Kirkwood's Wing Walk as part of a bucket list challenge in memory of his beloved wife, Brenda, who was cared for by Kirkwood.

He said: "At the end of 2014, Brenda was diagnosed with endometrial cancer. Brenda wrote a letter in a sealed envelope to be read at her funeral of things she wished she'd done in her life.

I took those five things as a challenge for me to do."

Deborah Toye also took on the Wing Walk for Kirkwood last summer to raise funds in memory of her partner, Neil.

She said: "I did the Wing Walk for Kirkwood to say thanks for everything. When I got up there, I was there with my own thoughts, remembering Neil and I felt so close to him. It was nice to get away from everything and be there with him totally in private.

"It was so peaceful, so calming and I would do it again tomorrow. I might do it every year so I can

visit Neil. There wasn't a moment I felt Neil wasn't up there with me."

For more information, just visit: [www.kirkwoodhospice.co.uk/wingwalk](http://www.kirkwoodhospice.co.uk/wingwalk) or call our Fundraising Team on: 01484 557911



## COLOUR RUSH AND FAMILY FUN DAY!

After four colourful years, the Kirkwood Hospice Colour Rush and Family Fun Day will be back again this September. Join us at Oakwell Hall Country Park for the boldest 5k in Kirklees!

Join us at this year's Colour Rush and Family Fun Day on Sunday 8th September.

This event is one for all ages.

Whether you walk, skip, jump or dance; you'll start in white and finish in colour as you're covered from head to toe all along the route.

Our famous paint party kicks off the fun at 11am, helping you get ready for the day.

After the Colour Rush, make an afternoon of it at our Family

## SUNDAY 8<sup>TH</sup> SEPTEMBER 2019 OAKWELL HALL COUNTRY PARK, BIRSTALL

Sign up before Midnight on Sunday 2nd June and take advantage of our Early Bird Offer!

### EARLY BIRD

- Adults £15
- Children (16 & under) £10
- Family (2 Ad & 2Ch) £45

### STANDARD PRICE

- Adults £20
- Children (16 & under) £14
- Family (2 Ad & 2Ch) £60

Fun Day. With live entertainment, family friendly activities and lots of food and drink stalls, it's the perfect way to celebrate with your friends and family!

Kindly supported by:

**JAY-BE**  **ridley&hall**  
Sleep Smart solicitors

Sign up online at: [www.kirkwoodhospice.co.uk/colour](http://www.kirkwoodhospice.co.uk/colour)

# the Sunflower memories appeal

Now in its sixth year, our Sunflower Memories Appeal is a beautiful way to celebrate the life of someone you love.

In return for a donation, we will write the name of your special person on a striking sunflower plaque. Your sunflower will then be 'planted' in the Hospice gardens along with many others, forming a lovely carpet of yellow blooms.

On **Saturday 13th July** from **11am - 3pm**, you can visit us to view your sunflower on display, which we hope will help you to recall sunny thoughts and happy memories.

Kirkwood supported Brenda Haigh at the end of her life in 2017. Her husband, Michael, reflects on how this made a difference at a difficult time.

"Brenda was diagnosed with cancer in 2014 and this became terminal a couple of years later. It was at this point that Kirkwood entered our lives.

"Kirkwood's Community Nurse was a wonderful source of support to both of us at a very difficult and trying time. I'm not sure what we would have done without this support.

"It is important for people to know that you don't have to go to Kirkwood when you need their help because they will come to you. Brenda was never an

in-patient at the Hospice but we both benefitted from all the help, advice and support that was provided by the Community Nurse.

"I will be celebrating Brenda's life at the Sunflower Memories Appeal this year. With Kirkwood's help, her memory lives on. I will never forget the lifetime of happiness that she gave me."

Michael & Brenda

Join us this summer and dedicate a sunflower to someone you love at: [www.kirkwoodhospice.co.uk/sunflowers](http://www.kirkwoodhospice.co.uk/sunflowers)

Kindly supported by:



## Make a Will Month 1st – 30th June 2019

During Make a Will Month, participating solicitors across Kirklees have kindly agreed to offer their will writing services for a discounted rate - £140 (plus VAT) for single wills or £240 (plus VAT) for joint or mirror wills. They will also donate 50% of their fee directly to Kirkwood.

Make a Will Month covers basic wills only. Your solicitor will inform you of the cost of any additional work before you proceed.

### How it works (it's easy!)

1. Choose from our list of participating solicitors and contact them directly to make your initial appointment for June. Don't forget to quote *Kirkwood Hospice's Make a Will Month*.
2. Write your will with your chosen solicitor for a **discounted rate**.
3. Your solicitor will kindly donate 50% of their fee from writing your will to Kirkwood.

### Participating Solicitors

#### Brearleys Solicitors

Laura Fahy. Tel: 01134 673 430  
10 Market Place, Birstall, WF17 9EL

#### Diskens & Co

Sophie Collins. Tel: 01924 464 101  
20 Bond Street, Dewsbury, WF13 1AT

#### Eaton Smith LLP

Megan Quigley. Tel: 01484 821 424  
14 High Street, Huddersfield, HD1 2HA

#### Ramsdens Solicitors

Stephanie Bradley. Tel: 01484 848 986  
18 Lewisham Road, Slaithwaite, Huddersfield, HD7 5AL

#### Redfearns Solicitors LLP

Frank Joyce. Tel: 01924 403 745  
Midland Bank Chambers, Heckmondwike, WF16 0HZ

#### Ridley & Hall Solicitors

Jill Waddington. Tel: 01484 538 421  
Queens House, 35 Market Street, Huddersfield, HD1 2HL

#### Schofield Sweeney Solicitors

Sarah Ali. Tel: 01484 667 853  
30 Market Street, Huddersfield, HD1 2HG

#### Switalskis Solicitors (Honley)

Linda Firth. Tel: 01484 915 042  
24 Westgate, Honley, Holmfirth, HD9 6AA

#### Wilkinson Woodward

Linda Heaton. Tel: 01484 483 800  
20-22 Queen Street, Huddersfield, HD1 2SP

#### Williams & Co Solicitors

Alison Walmsley. Tel: 01274 851 608  
Brooke House, 3-5 Dewsbury Road, Cleckheaton, BD19 3RS

For more information, please contact the Fundraising team on: **01484 557911** or email: [fundraising@kirkwoodhospice.co.uk](mailto:fundraising@kirkwoodhospice.co.uk)

A limited number of appointments are available so please book your appointment as soon as possible to avoid disappointment.



# TRAIL RUN

**SUNDAY 1<sup>ST</sup> SEPT 2019**  
**LEEDS ROAD PLAYING FIELDS, HUDDERSFIELD**

**Dust off your running shoes and set your alarm as you prepare for Kirkwood's biggest sporting event of the year!**

Whether you're looking to beat that personal best, take on your first ever sponsored run or take on a challenge in memory of a loved one, join us on Sunday 1st September at Leeds Road Playing Fields for an event the whole family can enjoy.

Every year, Kirkwood's Trail Run sees hundreds of local running enthusiasts and supporters of all ages and abilities take on the 5 or 10k run.

Since 2012, the Trail Run has raised over £50,000, which all goes toward supporting people affected by life limiting illnesses in our local communities. Could you help us to make 2019 our biggest year yet?

## EARLY BIRD PRICE

(UNTIL THE 27<sup>TH</sup> MAY)

ADULTS: £12

CHILDREN (16 AND UNDER): £6

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## STANDARD PRICE

(UNTIL 25<sup>TH</sup> AUGUST)

ADULTS: £17

CHILDREN (16 AND UNDER): £8

Thank you to *Kirklees Active Leisure*  
for their support

To sign up visit: [www.kirkwoodhospice.co.uk/run](http://www.kirkwoodhospice.co.uk/run)  
or call our Fundraising Team on: 01484 557911

## Meet Kirkwood's **GREAT NORTH RUN**ners!

great north  
run

We are delighted to have secured 15 places for Kirkwood supporters at this September's Great North Run. This wonderful lot will run the gruelling 13 mile North East route in aid of Kirkwood - and they all have their own reasons for taking part. We'll be sharing their stories in the run up to the event so be sure to keep an eye on our website to find out more!



[WWW.KIRKWOODHOSPICE.CO.UK/GREATNORTHRUN](http://WWW.KIRKWOODHOSPICE.CO.UK/GREATNORTHRUN)

Want to know more? Join us at one of our Business Meet Ups here at Kirkwood:

- Thursday 9th May | 4 - 6pm
- Thursday 13th June | 4 - 6pm

## Kirkwood's Business Buddies: Working together in partnership

**We are always on the look-out for kind-hearted local companies who would like to support a good cause or are searching for a charity partner. We have lots of fantastic opportunities for your business to get involved in and your support will help add quality of life and comfort to the lives of local people living with a life limiting illness.**

**From day one, Kirkwood Hospice has been lucky to have the support of not only our local community, but also major commercial and industrial-based companies in the Kirklees area.**

Whether holding their own fundraisers, volunteering time, selecting Kirkwood as chosen Charity of the Year or sponsoring one of our major events, local businesses have generously supported Kirkwood for over three decades and remain vital partners today.

In return, we aim to work in partnership to add value wherever possible to your business. Whether generating positive publicity through website listings, newsletter coverage and Social Media promotion or providing networking opportunities, there are many ways we work together.

Growing and developing each company's knowledge about the extent of Kirkwood's care, along with discussing how we may work together, is something which creates valuable and long-lasting relationships between Kirkwood and a business.

In 2018, Huddersfield-based incident management specialists, FMG, chose Kirkwood as their charity of the year and raised a phenomenal £5,612 in total for patient care. This is their story:

Each year, FMG's charity

fundraising team, FMGIVE, create fundraising calendars to celebrate the hard work done by all their employees and to focus on supporting their local community through a variety of activities and fundraisers.

The Bradley-based company, which employs around 450 staff members, all got involved in hosting a festive party night, regular dress-down days, book events, sweepstakes, bake-offs and raffle sales to boost funds.

Amongst the fundraising events, in May 2018, FMG raised £2,000 during Kirkwood's dedicated collection days, aimed at filling a Kirkwood retail shop with items donated by their employees.

In October 2018, FMGIVE hosted their Autumn Charity Ball at the Cedar Court Hotel in Huddersfield and treated guests to a fabulous night with a red carpet entry and delicious 3 course meal, all in aid of two charities, one of which was Kirkwood.

When discussing the year of fundraising, FMG's Executive Assistant, Laura Kaye, said: "As a business, we have a genuine desire to create a positive impact within our local community, supporting causes close to our hearts.

"Partnering with Kirkwood provided that perfect link.

"Some of our colleagues have

experienced first-hand their amazing work, through some of life's most difficult times. The relationship we have built with the team at Kirkwood ensures they feel an extension of the 'FMG family'.

"Kirkwood's Business Partnership Development Manager, Kate Leadbeater, provided invaluable support in our quest to give something back to our local community and make a positive impact to the lives of others."

If your company would be proud to support Kirkwood, please call: 01484 557911 or email: [kate.leadbeater@kirkwoodhospice.co.uk](mailto:kate.leadbeater@kirkwoodhospice.co.uk). You can also contact Kate Leadbeater, Business Partnership Development Manager, directly on: 07866 940 802



Proud business supporters, FMG



## Kirkwood News

Throughout the year, we share lots of stories and snippets of life here at Kirkwood on our website and via social media. Here are just a few of them!

### A Sweet Treat

On Valentine's Day this year, our Catering Team pulled out all the stops to make a special sweet treat for Kirkwood patients! Made up of heart-shaped chocolates, ice cream, strawberries and biscuits, this sweet Valentine's Day platter was given to patients to enjoy with their loved ones.



### Monopoly Marathon

Kirkwood Hospice Ambassador, Andy Wright, has set himself the mammoth task of running 5,000 miles in 5 years for Kirkwood. As part of his challenge, back in March he took on a 28 mile 'Huddersfield Monopoly Marathon' calling at every square featured on Huddersfield's Monopoly Board including Castle Hill, Emley Moor Mast & the Harold Wilson statue!



Make sure to visit: [www.kirkwoodhospice.co.uk/news](http://www.kirkwoodhospice.co.uk/news) to read more!

Kirkwood Hospice 

@KirkwoodHospice  

### Dignitree

At Kirkwood, we strive to make sure the dignity of our patients is at the heart of everything we do. In January, we marked Dignity Action Day by asking patients, families, employees and volunteers to write down what dignity means to them and add it as a leaf on our 'Dignitree'. Dignity at Kirkwood may mean things such as independence, being informed, having choices and 'remembering that I'm still me'.



Why not check out our Social Media pages too!

### Christmas Lights

Every Christmas, Kirkwood supporter, Derek Highe, lights up his home in Mirfield in a spectacular display to raise vital funds. Last year, with the help of the local community, Derek raised a staggering £4,880, taking the total he has raised to over £50,000!



# Celebrating our 1,000<sup>TH</sup> Lottery Draw

On Friday 1st March 2019, Kirkwood's Lottery celebrated a very special milestone as we drew our winners for the 1,000th time!

Kirkwood's Lottery - originally known as 'The 2000 Club' - launched in January 2000 with just 1,000 players. Membership has swelled to 12,200 members in the 19 years since. Weekly players from Kirklees and beyond have now helped us to raise over £5.2 million for patient care at Kirkwood.

Last year alone, regular players helped us to raise a staggering £684,266 to care for people in Kirklees affected by any life limiting illness.

Kirkwood's Dawn Walker has been running the Lottery since

it began and was delighted to celebrate the 1,000th draw.

Dawn said: "I'd like to say a personal 'thank you' to everyone who has taken part in our Lottery over the years.

"It's a great way for people to help Kirkwood - offering them a chance to support a fantastic cause, and giving them a chance to win some great prizes.

"Every penny of profit from our Lottery goes into supporting local people in communities across Kirklees - the support we receive makes a massive difference!"

2000



2019



## Sign up today...

By joining the Kirkwood Lottery for as little as £1 per week, you are helping us to care for people in your local community.

Sign up online at:  
[www.kirkwoodhospice.co.uk/lottery](http://www.kirkwoodhospice.co.uk/lottery)

**lottery**  
Kirkwood  
The Hospice for Kirklees

## Summer Superdraw

Drawn on Friday 26th July 2019

**First Prize: £2,000**  
**2nd Prize: £100 | 3rd Prize: £50 | 5 Runner-Up Prizes of £20**

**£1**  
per ticket

For tickets, visit: [www.kirkwoodhospice.co.uk/superdraw](http://www.kirkwoodhospice.co.uk/superdraw) or  
contact the Lottery Team on: 01484 557913

Kirkwood fundraiser, Dawn Walker, is one of our longest serving employees. Dawn helped to launch our Lottery almost two decades ago! Read more about her amazing achievement at: [www.kirkwoodhospice.co.uk/news](http://www.kirkwoodhospice.co.uk/news)





## Being seen as a person, not as a patient

Sarah is living with heart and renal failure and currently receives support from Kirkwood's Support & Therapy department to help manage her condition.



*Kirkwood's Silk Painting Classes*

**Sarah's journey with Kirkwood began when she was admitted to Kirkwood's In-Patient Unit in January, where her condition stabilised and she was discharged back to her own home. Now living independently and attending Support & Therapy sessions each week as well as accessing support from the Family & Spiritual Care Team, Sarah has truly seen every aspect of Kirkwood's care. This is her story:**

"Coming to Kirkwood is an opportunity to come out of our homes, get involved with people and learn new things. There is a new thing every time and I want to come out, talk to others and meet new people.

"When I first came to Kirkwood, I was so worried because I thought that people only came here to die. It's a scary thing and I knew that dying was a possibility for me. If patients lose hope and think that they won't live, then things are harder. But here, everyone was encouraging me to get well."

From clay classes to silk painting and needle work, Sarah enjoys attending art therapy classes each week as well as taking advantage of two of Kirkwood's exercise programmes and its Complementary Therapy and Spiritual Care services.

Now getting involved with Tai Chi and hoping to start attending Kirkwood's Braveheart sessions later in the year to manage breathlessness, Sarah has accessed and seen the benefits of a wide range of Kirkwood's services.

"I have done lots of different things here I've never done in my life. We come here with our bodies tense because of all of the worries we have, but through massage and therapy groups you can share your thinking and there is always someone to talk to.

"Before I came to Kirkwood, I was in hospital and it felt like a hospital. Here, everyone is so friendly and they see you as a person, not as a patient.

"When I was so ill, I was admitted onto the In-Patient Unit

and I thought that I was leaving this world. But all the staff, every single person, was so nice.

From the doctors and nurses to cleaners and kitchen staff, I was put at ease and there was not a single person who wasn't nice, smiling and fresh all the time. Even during the night when I couldn't sleep, they would always come and check that I was alright. The whole team is working on one person and making sure that that person is getting encouraged and getting well."

Kirkwood has been an important support network during a difficult time in Sarah's life, and she feels her individual needs and preferences as a Muslim woman have been taken into consideration throughout her journey with Kirkwood.

She said: "Everybody's heart here is so soft. They take patients as their own; almost like family members. All staff understand my culture, my clothing, my wishes to make prayer and empower me to do all of those things. The kitchen staff would always give me halal food and if I want to pray, they tell me which direction is facing the Kaaba and I'm able to see the Quran here too. I feel everything was really taken into consideration.

"If there is anyone worrying that they would not be able to access the Hospice's services because of their culture or background; it is there for you too. I'm just so happy I found this place."



## Meeting a Local Hero

At Kirkwood, we do everything we can to make a person's time here as comfortable and happy as possible. In March, lifelong rugby league fan, Raymond Oldfield, had the chance to meet rugby league legend, Henderson Gill, while staying as a patient on Kirkwood's In-Patient Unit.

**When Raymond's son, Matt, was growing up, he and his dad spent their weekends attending as many rugby league games as they could.**

Matt was raised watching his local team, Halifax, and now regularly plays himself.

So it was a real treat when Kirkwood offered Raymond, Matt and the family a chance to watch Huddersfield Giants V Hull FC after the Giants kindly donated a box at the John Smith's Stadium.

Raymond was surprised for a second time when Kirkwood Nurse, Leon Williams, arranged a special visit from true sporting legend Henderson Gill.


Leon is a family friend of the former Bradford Northern, Rochdale Hornets, Wigan and Great Britain player, and invited him to visit Kirkwood whilst Raymond was being cared for on our In-Patient Unit.

Henderson spent time with Raymond and Matt sharing his

story and past experiences. Raymond couldn't keep the smile off his face during the visit.

Henderson said: "Leon was telling me that a patient of his is a rugby league fan and I've always been the person to give something back."

"I've played rugby all those years and seen people spend their money on going to every single game - rain, hail, sleet or snow - to continue supporting you. It's nice to give something back."



charity  
**golf**  
day 20/9

Sat  
15th  
June

**Tee off this June at Bradley Park Golf Club for a very special cause!**

There's no better way to enjoy the warm summer months than a round of golf with friends. Our Charity Golf Day is the perfect excuse to dust off your clubs and get a team of friends or colleagues together for a great day out.

It's easy to get involved - simply round up a team of four

(all ages and abilities are welcome) and sign up to compete for the coveted champions trophy. Once you've completed your round, why not unwind at the 19th hole with entertainment all evening, including fantastic live music from 'Wired'.

Entry is just £160 per team of four. Places are always popular so book now to avoid disappointment!



Kindly supported by:



**Chadwick Lawrence**  
Yorkshire's Legal People

Sign up today at: [www.kirkwoodhospice.co.uk/golf](http://www.kirkwoodhospice.co.uk/golf)

email the Fundraising team at: [events@kirkwoodhospice.co.uk](mailto:events@kirkwoodhospice.co.uk) or call us on: 01484 557911





## Kirkwood shines in ITV advertising campaign

During March, hospices across Yorkshire and Humber came together to shine a light on hospice care in a regional TV advertising campaign.

The advert - broadcast on ITV Yorkshire - was the first of its kind for hospices in the region, with 11 charities getting involved.

The message of the advert was clear - highlighting that hospices provide expert care, comfort and support completely free of charge to growing numbers of people in the region - and none of it would be possible without the support of local communities.

Kirkwood's Chief Executive Michael Crowther explained:

"Hospices across Yorkshire and Humber help tens of thousands of people each year, supporting anyone affected by a life limiting illness, every step of the way. It's important that we can get those messages to as many people as possible.

"Our partnership with fellow independent hospices across the region has helped us to create a brilliant campaign, aimed at a huge audience which would normally be out of reach for local charities like ourselves.

"The campaign is a chance for us to connect with people who might not know much about the vital work we do to support those affected by a life limiting illness.

"It's also a chance to say thank you for the amazing support we receive in our local communities. Without the generosity of local businesses, groups and individuals, we simply wouldn't be able to continue providing the care we do."

To discover how you can get involved visit:  
[www.kirkwoodhospice.co.uk/shine](http://www.kirkwoodhospice.co.uk/shine)



## Educated at Kirkwood

Did you know that Kirkwood offers a range of educational courses for healthcare professionals as well as for the general public? We recently had the chance to speak to a group who have completed our End of Life Champions course, which aims to increase knowledge around symptom management and build confidence in having conversations around death and dying. Here's what they had to say...

"It has really reinforced my confidence that what we were doing was right. Sometimes you need that when you've been doing a job for a long time."

*Allison Dobson, Clinician in Single Point of Contact*

"The course has helped me with bereavement; I'm not scared to approach the subject anymore."

*Nicola Renton*

"I feel more confident instigating difficult conversations."

*Keeley Kemley, Clinician in Single Point of Contact*

"I'm so glad I did this course, it's one of the things that I really enjoy most about my job. I like feeling like I can make a difference and now I can make an informed decision."

*Rebecca Hutchinson*

To find out more about Education at Kirkwood visit:  
[www.kirkwoodhospice.co.uk/education](http://www.kirkwoodhospice.co.uk/education)

## Kirkwood Events

**Saturday 6th April 2019**  
Dirty Dancing V Grease: Tribute Night  
The Venue, Birstall, 7.30pm

**Saturday 20th April 2019**  
Easter Coffee Morning  
(including an Easter Egg Hunt for Children)  
Kirkwood Hospice, 10am – 12noon

**Saturday 18th May 2019**  
Coffee Morning  
Kirkwood Hospice, 10am – 12noon

**Saturday 1st June 2019**  
It's a Knockout  
DRAM Centre, Ridgeway, Dalton

**Sunday 9th June 2019**  
Wing Walk  
Wickenby Aerodrome, Lincoln

**Saturday 15th June 2019**  
Coffee Morning  
Kirkwood Hospice, 10am – 12noon

**Saturday 15th June 2019**  
Charity Golf Day  
Bradley Park Golf Club

**Saturday 22nd June 2019**  
Midnight Memory Walk  
University of Huddersfield

**Saturday 13th July 2019**  
Sunflower Memories Appeal  
Kirkwood Hospice, 11am – 3pm

**Saturday 17th August 2019**  
Coffee Morning  
Kirkwood Hospice, 10am – 12noon

**Sunday 1st September 2019**  
Trail Run  
Leeds Road Playing Fields, Huddersfield

**Sunday 8th September 2019**  
Colour Rush  
Oakwell Hall Country Park, Birstall

**Saturday 14th September 2019**  
Coffee Morning  
Kirkwood Hospice, 10am – 12noon

**Saturday 30th November 2019**  
Kirkwood Winter Ball  
The Venue, Bowers Mill, Barkisland, 7pm



If you would rather not receive our Newsletter, please contact the Fundraising Department on: 01484 557911 or email: [fundraising@kirkwoodhospice.co.uk](mailto:fundraising@kirkwoodhospice.co.uk) or write to us at the following address: The Fundraising Department, Kirkwood Hospice, 21 Albany Road, Dalton, Huddersfield, HD5 9UY.

If you would like to receive the Newsletter by email, please contact Kirkwood Hospice. If you do not receive a personal copy of the Newsletter but would like to do so, please contact us. If you have received more than one copy of our Newsletter then please tell us so that we can amend our database.

**ACKNOWLEDGEMENTS:** Thank you to Rosehill Press, HDTWO Commercial Photography, The Huddersfield Daily Examiner and Mark Flynn Photography for their continued support and supply of photographs. Our newsletter could not be produced without their expertise.

## Support Group Events

### Batley & Birstall Support Group

**Sunday 28th April 2019**  
Gomersal Park Lunch  
Gomersal Park Hotel, 1pm

**Tuesday 14th May 2019**  
Fashion Show  
Healds Hall Hotel, Liversedge

For more information and tickets, please contact the Fundraising team on: 01484 557911

### Kirkheaton Support Group

**Saturday 30th March 2019**  
Easter Fair  
United Church, New Road, Kirkheaton, 2pm – 4pm

**Saturday 13th April 2019**  
Grange Moor Brass Band  
United Church, New Road, Kirkheaton, 7.30pm

**Thursday 25th April 2019**  
Beetle Drive  
United Church, New Road, Kirkheaton, 1.30pm

**Monday 30th May 2019**  
Beetle Drive  
United Church, New Road, Kirkheaton, 1.30pm

**Saturday 13th July 2019**  
Strawberry Fair  
United Church, New Road, Kirkheaton, 2pm – 4pm

**Thursday 29th August 2019**  
Beetle Drive  
United Church, New Road, Kirkheaton, 1.30pm

**Saturday 7th September 2019**  
Sundown Swing Band  
United Church, New Road, Kirkheaton, 7.30pm

To book your tickets for this event or for more info please contact Margaret Waddington Tel: 01484 348672 or Margaret Dyson Tel: 01484 302398

### Meltham Support Group

**Saturday 11th May 2019**  
Coach Trip to Nottingham [SOLD OUT]

**Saturday 15th June 2019**  
Coffee Morning  
Church Hall, Meltham

**Saturday 31st August 2019**  
Coffee Morning  
Church Hall, Meltham

For more information, please contact the Fundraising team on: 01484 557911



## Shop Directory

### ALMONDBURY

89 Northgate, Almondbury, HD5 8RX  
01484 428281 / Mon – Sat 9am – 5pm

### BATLEY

89 Commercial Street, Batley, WF17 5EF  
01924 420791 / Mon – Sat 9am – 5pm

### CLECKHEATON

47 Northgate, Cleckheaton, BD19 3HS  
01274 864667 / Mon – Sat 9am – 5pm

### DENBY DALE

335a Wakefield Road, Denby Dale, HD8 8RT  
01484 861087 / Mon – Sat 9am – 5pm

### DENBY DALE CAFÉ & GIFT SHOP

364 Wakefield Road, Denby Dale, HD8 8RX  
01484 860135 / Mon – Fri 10am – 4pm / Sat 9am – 12noon

### DEWSBURY

24 Long Causeway, Dewsbury, WF12 8EN  
01924 460122 / Mon – Sat 9am – 5pm / Sun 10am – 4pm

### eBay

Tel: 01484 540678

### HOLMFIRTH

17 Victoria Square, Holmfirth, HD9 2DN  
01484 685020 / Mon – Sat 9am – 5pm / Sun 10.30am – 4pm

### HONLEY

21 Westgate, Honley, HD9 6AA  
01484 667439 / Mon – Sat 9am – 5pm

### HUDDERSFIELD

5 Byram Street, Huddersfield, HD1 1BX  
01484 430326 / Mon – Sat 9am – 5pm

### KIRKBURTON

66 North Road, Kirkburton, HD8 0PA  
01484 609312 / Mon – Sat 9am – 5pm

### LINDLEY

90 Acre Street, Lindley, HD3 3EL  
01484 452874 / Mon – Sat 9am – 5pm

### MARSDEN

Marsden, 30 Peel Street, Marsden, HD7 6BW  
01484 768879 / Mon – Sat 9am – 5pm / Sun 10am – 4pm

### MARSH

142 Westbourne Road, Marsh, HD1 4LF  
01484 541075 / Mon – Sat 9am – 5pm

### MELTHAM

15 Huddersfield Road, Meltham, HD9 4NJ  
01484 851373 / Mon – Sat 9am – 5pm

### MILNSBRIDGE

46 Market St, Milnsbridge, HD3, 4HY  
01484 652811 / Mon – Sat 9am – 5pm

### MIRFIELD

172 Huddersfield Road, Mirfield, WF14 8AN  
01924 493660 / Mon – Sat 9am – 5pm

### NEWSOME

2-4 Ruth Street, Newsome, Huddersfield, HD4 6JF  
01484 543994 / Mon – Sat 9am – 5pm

### SLAITHWAITE

33 Britannia Road, Slaithwaite, HD7 5HF  
01484 846021 / Mon – Sat 9am – 5pm

### WATERLOO

630a Wakefield Road, Waterloo, HD5 8PZ  
01484 516552 / Mon – Sat 9am – 5pm

### WYKE

Unit 3-4 Wyke District Centre, Towngate, Wyke  
01274 672862 / Mon – Sat 9am – 5pm / Sun 10am – 4pm