



**Kirkwood**  
The Hospice for Kirklees

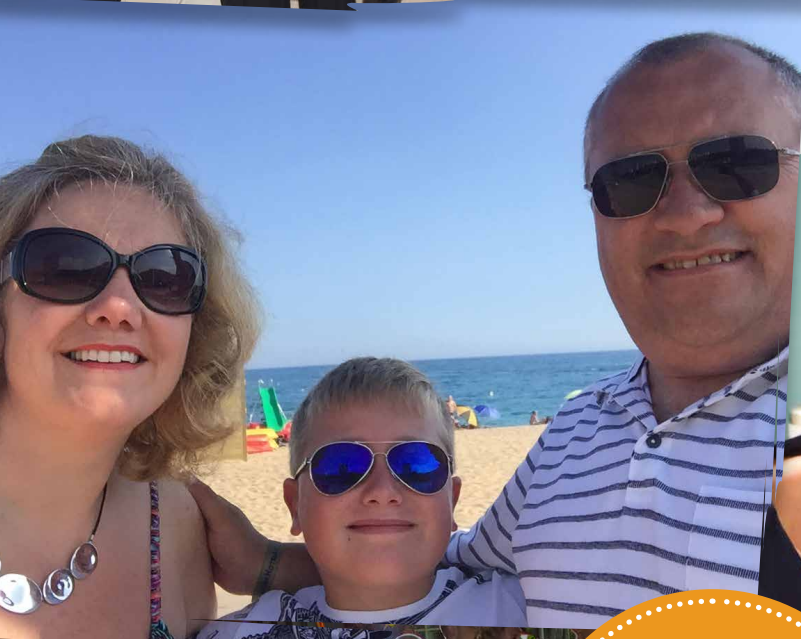
# news

Autumn & Winter 2019

Registered Charity No. 512987

Kirkwood Hospice 

@KirkwoodHospice  



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## In this issue...

### Men's Space

Find out about our brand new group for men - designed by patients, relatives and carers.

### Christmas at Kirkwood

Discover brilliant festive events and great gift ideas for the whole family this Christmas.





## Men's Space - a group for men

Kirkwood's Support & Therapy department are always looking for new ways to help those affected by a life limiting illness. Earlier in the year, the team were delighted to launch Men's Space, a brand new group designed by our patients, relatives and carers.

**Men's Space is a new group for men affected by a life limiting illness; both patients and carers. The group, which takes place during our Drop-In session each Friday, provides a safe space for men to share knowledge, thoughts and ideas with like-minded people.**

The new group allows men to choose their own topics and projects, meaning the sessions concentrate on what matters to them. It is also a chance for them

to access any specialist support they might need to increase their motivation and wellbeing.

We asked the group their thoughts on the new sessions and how it has benefited their lives:

Mark said: "I was at the Carer's Count group and was handed a leaflet, so thought we'd give it a try.

"It was daunting when I first walked in, but straight away you're offered a cake and a cuppa and it puts you at ease. I like the flexibility of it, you can just drop

in. I like the topics and discussions each week and we all get to be part of the decision for future topics, it's very accommodating."

Granville said: "I had been attending the Neurological and Fatigue groups to manage the symptoms of my illness. It's lovely to come here as I spend a lot of time at home."

Garry added: "The staff are friendly, kind, caring and supportive."

**~ Drop-In at Kirkwood's Support & Therapy Centre ~  
Every Wednesday, Thursday and Friday | 9.30am - 4.30pm**

## Zumba GOLD comes to Kirkwood!

Any physical activity helps you sleep better and feel better. Here at Kirkwood, physical activity is for everyone. Kirkwood recently launched the first chair-based Zumba GOLD sessions during Support & Therapy Drop-in.

Kirkwood's aim is to support patients and their loved ones to live well and achieve what is important to them. Physical activity helps both the body and the mind – so we launched our first ever chair-based Zumba session this October!

Running for six weeks, the sessions are aimed at giving patients and carers the confidence to access more physical activity opportunities in their local community. It is important that Zumba GOLD is

open to both patients and carers, as it allows carers to become husbands, wives, mothers or sons again and to share a fun and inclusive dance class together.

John and Margaret Rogers regularly attend Drop-In sessions at Support & Therapy and went to the first Zumba session together.

Margaret said: "It was brilliant. Knowing we haven't exercised for a long time, it's definitely going to help. If we can remember the moves, we can put the radio on and do it at home as well!"



# Light UP A Life

Remember someone you love  
this festive period in a  
unique and special way.

**Christmas is a very special time of year for so many of us. It's a time to celebrate and create new memories with people we love. But it's also a time to reflect and remember loved ones who live on forever in our hearts.**

Light up a Life is your chance to pay tribute to those you love by dedicating a light in their honour.

Throughout the festive period, a beautiful Beech tree at the heart of Kirkwood's gardens will shine brightly in memory of your loved ones. Hundreds of lights will fill the winter sky as families like yours come together to celebrate their lives.

For the first time this year, you could also choose to remember someone special by leaving a personal dedication on our online dedication page. A lovely way to remember someone you love, you can add photos and messages to celebrate their life. You can also invite family and friends to view and share your memories.

## Why I'm supporting Light up a Life - Steve's Story

“Jill was diagnosed with lung cancer in 2017. Following a period of treatment over several months, she was given the all-clear and we thought we could resume our lives. However, Jill's cancer returned very quickly; this time in the form of an inoperable brain tumour. Ten weeks after Jill was given the all-clear, she died peacefully at Kirkwood Hospice.

“Jill spent the last 11 days of her life at Kirkwood. It was an extremely turbulent time in our lives; a real emotional roller coaster. I am so thankful that she was admitted to the Hospice.

“Just before she was admitted to Kirkwood, Jill was in extreme pain. She told me that it felt like her head would explode. It only took Kirkwood a couple of hours to control her pain and make her comfortable. Jill really perked

up after this and the final few days of her life were as peaceful as they could be. We enjoyed the glorious gardens at the Hospice, which we were in full bloom, and I was able to push her round in a wheelchair. I'll never forget the memories of exploring Kirkwood's gardens in the sunshine.

“When the end came, I played Jill's favourite music and she passed into spirit in my arms in the tranquil setting of Kirkwood Hospice. I am so grateful that Jill spent her final days in such a wonderful and caring place. I frequently return to the Hospice and it feels like coming home. It's not upsetting in any way because Jill was looked after with so much love and compassion.

“I'll be taking part in Light up a Life this December to remember Jill and to reflect on the person she was.”



Kindly supported by:

# W&S

Wheawill & Sudworth

Find out more and make your dedication at:  
[www.kirkwoodhospice.co.uk/lightupalife](http://www.kirkwoodhospice.co.uk/lightupalife)

## “Don’t be afraid of Kirkwood or the word Hospice”

After being diagnosed with end-stage Emphysema two years ago, Margaret Broadbent from Cleckheaton has been receiving support at home from Kirkwood’s Community Nurse, Sharon Green. Margaret tells us what a difference Kirkwood has made to her quality of life.



**Margaret lives at home with Malcolm, her husband of 53 years. She says that Malcolm is the love of her life and makes her laugh every single day – even after half a century of marriage.**

72-year-old Margaret has been living with a chronic lung condition (COPD) for the past 15 years. In 2017, she was diagnosed with end-stage Emphysema. Margaret was admitted to Pinderfields Hospital with pneumonia in 2018, and that’s when Kirkwood’s Community Nurse, Sharon Green, became involved with her care.

Margaret said: “Before I had Sharon supporting me, my care was limited. But within weeks, Sharon organised for me to have a hospital bed, a commode, a table with wheels, a wheelchair and walking stick all in my own home.

“She co-ordinated everything for me and even arranged for the district nurses to visit me.

“I just felt like I had back

up when Sharon got involved. She gave me her number and Kirkwood’s 24/7 Advice Line so I could call anytime I needed to.

“My Husband, Malcolm, has always helped me, we help each other, but he has his own ailments too, so to have the support from Sharon has made a big difference to our lives.”

In late September, Margaret was struggling to cope with the symptoms of her illness, so she contacted her district nurse.

Margaret said: “The Sunday before my admission, I was really struggling. I thought I was dying.

“I immediately called my district nurses who visited and gave me some diamorphine. The next day, Sharon saw on my notes that the district nurses had been to see me and she called me straight away.

“When she arrived, she asked if I wanted to go to the Hospice. I have always been hesitant about the Hospice as I was worried that it would make me feel sad and depressed, but it isn’t like that at all.

“The only reason why I came here was because of Sharon, she told me it would be good and that the team would help tweak my medication. Sharon also said there was no pressure and if I didn’t like it then I could go home again.”

Just a few days later, Margaret was admitted to Kirkwood’s In-Patient Unit. The Kirkwood team have been carefully monitoring her care plan, helping with her medication and supporting her with breathing techniques to improve her quality of life.

Margaret said: “Since I have been here the Nurses have been marvellous. They are never too busy for anything.

“I have even been able to have a shower every day! Before coming here, I hadn’t had a shower for six months. My husband did an excellent job before, but it just isn’t the same. I just feel so fresh and clean now.

“After losing two stone with my condition, I have become very self-conscious about my body, so the thought of having someone help me shower made me feel very nervous. But the Nurses made me feel so at ease. They took small steps to make sure I was okay and comfortable.

“Being here has really cheered me up. I have met so many lovely people. I would say to anyone: don’t be afraid of Kirkwood or the word ‘Hospice’. When you’re here it is full of smiles and laughter.”



Table of 10  
£590

# THE ANNUAL Kirkwood Ball

Saturday 16th November 2019

**We're delighted to be bringing our Annual Ball back to Huddersfield on Saturday 16th November. We're working closely with the team at The John Smith's Stadium to put on what is shaping up to be a brilliant black tie event!**

Whether you're part of a local business and want to bring your colleagues along for a night of fun or you're rounding up your family and friends for a great evening out, we're looking forward to welcoming you this November!

Guests will be welcomed by a complimentary reception drink on arrival in a venue exquisitely dressed by award winning local company *Attention to Detail*.

Upon taking their seats, guests will be served a delicious three course meal created exclusively for the evening! Guests will be able to choose from a selection of amazing dishes (see a sample of the menu on this page).

The Annual Kirkwood Ball isn't short on variety either, with live entertainment for all throughout the night. The *Huddersfield Gospel Choir* are set to wow before renowned local band *Vital Signs* take to the stage. They're sure to get you out of your seats and onto the dancefloor as they perform well into the early hours!

*Vital Signs*



Award winner:  
Ros from *Attention to Detail*

The evening will be hosted by none other than local MC and comedian, Pete Emmett. Pete has years of experience, working as the corporate host for Liverpool FC and has worked alongside some big names including; Floyd Mayweather Jr., Mike Tyson and Johnny Vegas!

A table of 10 is just **£590** with individual tickets also available at **£65**.

## *To Start:*

Terrine of pulled ham hock, salad of piccalilli  
Fishcakes with baby capers and seaweed tartare sauce  
Tartlet of Wensleydale Cheese and caramelised red onion with rocket salad (v)

## *The Main Event:*

Braised daube of beef in red wine and thyme sauce, grain mustard mash, roasted root vegetables  
Seared Pollock with grain mustard, dill and crab crust. Creamy mashed potato, seasonal greens, light cream sauce  
Layered mushroom and vegetable lasagne with roasted tomato and red pepper sauce custard (v)

## *To Finish:*

A trio of desserts;  
Raspberry shortbread, chocolate Jaffa torte, white chocolate mousse (v)  
Freshly brewed tea and coffee

**To book tickets visit: [www.kirkwoodball19.eventbrite.co.uk](http://www.kirkwoodball19.eventbrite.co.uk)  
or call our Fundraising team on: 01484 557911.**

Kindly sponsored by:

**camira**



 [www.kirkwoodhospice.co.uk](http://www.kirkwoodhospice.co.uk)





## Ribbon cutting officially opens brand new store

Furniture Store Manager John Matthews and his deputy, Annette Flocks, were invited to cut the ribbon to officially open our brand new shop on Saturday 28th September. They were helped by Kirkwood Trustees Paul Scovell and Caroline Black, who dropped in to meet the team and pay tribute to their hard work.

Kirkwood's Furniture Store team invited customers, colleagues and volunteers to join them in September for the official opening event at their new Moldgreen store. They put on a spread of cakes and sweet treats for visitors to enjoy as they browsed the great range of goods for sale.

The honour of cutting the ribbon was given to Manager John Matthews, who was joined in the official ceremony by

Deputy Manager Annette Flocks and Driver's Mate Dennis Scott.

It's been a real team effort to get the store up and running over the past few months. It's a new venture for Kirkwood, but thanks to the hard work of lots of people behind the scenes – including the many volunteers who give up their time to help – it's already proving to be a success.

Just a couple of months in, the team has created a great shopping experience for customers and, due

to huge interest in our goods, the team is constantly looking out for new stock donations.

If you've got any furniture that is in need of a new home, the team would be delighted if you thought about donating it to Kirkwood. They can collect lots of items including; sofas, tables, chairs, cabinets, beds and TVs.

**If you'd like to book a FREE collection, please call us on: 07724 778300**

Can you help us?

## Our shops urgently need your donations ❄️

**Our shops are in need of donations to help fill our shelves and raise funds to care for local people this Christmas.**

You might not love the dress and shoes you bought last winter anymore. You might not want to re-read the book you bought for

the beach. But they could make the perfect gift for someone else this Christmas.

So whether you're having a pre-Christmas clear out or just making space for something new, please consider donating your unwanted items to Kirkwood.

Your support will make a massive difference for people who rely on our support where you live.



You can find your nearest Kirkwood Shop on our website at: [www.kirkwoodhospice.co.uk/shops](http://www.kirkwoodhospice.co.uk/shops)

## Kirkwood's young supporters!

Kirkwood is fortunate to receive support from every corner of the Kirklees community. Here are just a couple of our wonderful young supporters who have recently done something special for Kirkwood!

**Nine-year-old Dylan Jenkins, who lives in Penistone, recently thought of Kirkwood when arranging a bake sale in memory of his Granpda at his school.**

Dylan chose to raise money for Kirkwood after his grandpa was cared for at the end of his life back in March this year.

Dylan was delighted to present Kirkwood Auxiliary Nurse Sonam Thapa with a cheque for £106 at a very special presentation.

When asked why he wanted to support Kirkwood, Dylan said: "I wanted to make lots of money for Kirkwood so you can expand and help more people!"



**11-year-old Millie Woodcock, from Honley, came up with the idea of running a half marathon distance over a series of events.**

This challenge became known as 'Millie's Half Marathon' and raised a magnificent £645!

Millie said: "My Grandad spent

time in Kirkwood in 2017. They were so kind and gentle and gave Grandad the best care. I am doing this to say thank you to all the staff and volunteers at Kirkwood so that they can help people that are poorly to get the fantastic care my Grandad had."



## Bloomin' Marvellous!

For the second year running, Kirkwood was delighted to receive the prestigious GOLD award at the Yorkshire in Bloom Awards. Our gardens also scooped joint first in the Charitable Establishments Category.

**Since Kirkwood's first entry in the Yorkshire in Bloom competition in 2018, our Facilities Team and Volunteer Gardeners have worked harder than ever to secure the highest prize for a second year running.**

Kirkwood entered into the Charitable Establishments Category and was delighted to win joint first prize alongside Barnsley Hospice.

The gardens at Kirkwood provide a safe space for patients and families to spend time in, making memories and relaxing with loved ones.

During 2019, the team built

new planters at the front of the Hospice along with summer bedding and hanging baskets. They also created a new herb garden and increased production of vegetables, meaning our Catering Team have fresh home-grown ingredients to serve on a daily basis!

Facilities Co-ordinator, Sue Wood said: "Our win is a combination of 10 months hard work by our Volunteer Gardeners in preparing the patient planters for urgent repair and replanting to improve and maintain the look of the whole garden.

"Once the weather improves

we have a busy few weeks planting up winter interest plants and new spring bulbs for the driveway and planters. The volunteers will also be improving our composting capacity and introducing another secluded seating area.

"I have been honoured to work with a creative, dedicated and dynamic team of volunteers."





# CUPPA FOR KIRKWOOD

YOU PROVIDE THE CUPPA, WE PROVIDE THE CARE



Back in September, families, friends and colleagues came together to host their very own Cuppa for Kirkwood. With your support, we hope to make the campaign bigger than ever in 2020!

September marked the start of our annual Cuppa for Kirkwood campaign and we're delighted that so many people put the kettle on in support of our local community! Cuppa for Kirkwood is a really simple way of raising funds, which is already helping us to care for people affected by any life limiting illness across Kirklees.

This year's campaign was a huge success, with families, friends and colleagues all getting

their bake on for Kirkwood. Events were hosted in gardens, community halls, workplaces and even libraries!

As well as raising funds, Cuppa for Kirkwood helps to raise awareness about the care we provide for people in their own homes. Many people aren't aware that Kirkwood is the only charity in Kirklees whose nurses provide specialist palliative care and support for patients at home, so we asked everyone taking part

to help us spread the word about the care we provide in towns and villages right across Kirklees. And what better way than by getting the local community together to have a Cuppa for Kirkwood!

If you missed your chance to host your own event this year, don't worry! Register your interest today and we'll send you our Cuppa for Kirkwood 2020 Fundraising Pack as soon as the campaign launches next year.



Helen Womersley held her event at the Spring Valley Community Centre in Liversedge. As well as baking lots of delicious treats, Helen organised stalls and a raffle. Helen held a Cuppa for Kirkwood after hearing about the services Kirkwood provides.



Burton Hills Wealth Management turned their monthly networking meeting into a Cuppa for Kirkwood! They were joined by Eorl Crabtree, Mark Flynn, Fibre Architects and many other businesses, who all enjoyed a morning of baking and cake decorating!



Our very own nursing team swapped the In-Patient Unit for the kitchen to host their very own Cuppa for Kirkwood. The Nurses baked up lots of delicious treats and cakes for friends and family to enjoy.

If you'd like to get involved, register your interest in Cuppa for Kirkwood 2020 at: [www.kirkwoodhospice.co.uk/cuppa](http://www.kirkwoodhospice.co.uk/cuppa)



## Tracy and Allan's story

Tracy Butters spent her final days being cared for on Kirkwood's In-Patient Unit back in September 2018. Since then, Kirkwood have continued to support her family. Her husband, Allan, tells us all about the care and support they've received throughout this time:

*Tracy, Ethan and Allan on holiday together*



**"Tracy and I were together 30 years and married for 20. It's been 30 years, but the time has gone so fast. I always knew exactly how she felt, I only had to look at her. We spent all our time together, even working together. And we enjoyed it. We needed each other every day."**

"From the moment we were told her cancer was terminal, Tracy remained calm and wanted to spend every moment she could gathering memories of our family for our son, Ethan.

"From the moment Tracy arrived at Kirkwood she told me she was happy; I couldn't have asked for anything more. Tracy spent her last days there, she told me she loved me and then went to sleep. We wouldn't have got that if it wasn't for Kirkwood.

"I don't have one bad memory

of Tracy being at Kirkwood. Even though it was the worst time of my life, they made it as bearable as it could be. Everyone deserves the dignity of being treated like that; everyone deserves what Kirkwood did for Tracy and our family. Tracy knew it was a privilege to be at Kirkwood, she was so happy there. She died with peace and happiness and that's all down to Kirkwood.

"The care Tracy received was incredible, even down to the way her belongings were passed back to us after she'd died. They were nicely folded and put in beautiful white bags. Even her rings were placed in a little blue drawstring bag. It was amazing, I was so touched.

"They were always there to help, no matter what. They left the window open in her room

even when it was cold, because they knew she liked the fresh air on her face. They took her out of pain straight away and I trusted them to care for her when she was asleep; I could leave the room and I knew she'd be safe. It really is a magical place.

"Kirkwood has helped me and my son more than they will ever know. We've both accessed counselling, and the support they have given him has enabled him to talk comfortably and openly about his mum, which is exactly what she would've wanted. Now we talk about Tracy all the time. It's a healthy thing to do and I love to hear him talk about her.

"Ethan and I paid a visit to Kirkwood not long after Tracy died and the nurses from the IPU came out to see him. He was so happy they remembered his name and gave him a hug. The nurses are angels, they are so special.

"I would tell everyone to go to Kirkwood if they needed help; everyone deserves that level of care.

"There aren't any hidden costs when you arrive, you can have anything you want to make your time more comfortable."

## Kirkwood's Care Co-ordination team launches

End of life care services are provided by many different professionals and groups locally. For people affected by life limiting illnesses, it's really important that care is well co-ordinated to make sure they can achieve their preferences and choices at the end of life as far as possible. Kirkwood's new Care Co-ordination Team is already helping to support better outcomes for people across Kirklees.

**Kirkwood's new Care Co-ordination Team is already taking referrals from patients known to our Community Palliative Care Team, with the service set to expand in the coming months.**

The team supports our Clinical Nurse Specialists by offering a pro-active social care information, advice and signposting service for patients, families and carers.

Care Co-ordination Team Leader, Catherine Thompson, shared: "We are really looking forward to this new development and hope we can support patients and carers accessing Kirkwood services to better manage the complexities within the health and social care system."



Karen (left) from the Care Co-ordination Team and volunteer Helen worked together to support Jenny.

### How Care Co-ordination helped Jenny

*Jenny, who has Multiple Sclerosis, was a regular visitor to Support & Therapy, but due to her health, now finds it hard to attend.*

*When Jenny began to feel quite isolated at home, her Kirkwood Community Nurse asked the Care Co-ordination Team if they could organise any extra support.*

*They referred her to the MS Society, Communities Plus and to Kirkwood's Befriending service. Jenny was quickly matched to a Kirkwood befriender, who went out to see her at home.*

*Jenny also continued to receive support from the Family Care Team at Kirkwood via the telephone.*

*Joining up these services in Jenny's own home has really helped her to feel less isolated.*

## Our beautiful Tree of Memories



Kirkwood's brand new Tree of Memories is a beautiful way to honour someone you love. Recently installed in the Meeting Space at the Hospice, our tree is your opportunity to pay a very special tribute.

**Kirkwood's brand new Tree of Memories features 420 beautiful beech leaves of gold, silver and bronze that can be engraved with a name or a short personal message. A number of attractive sunflowers can also be engraved.**

If you choose to make a donation to create a personalised leaf or sunflower, it will remain on the tree for a set period of time. For leaves, this will depend on the leaf you choose. After this period, you will be invited to renew

your donation and keep your leaf or sunflower on the tree, or we can send it to you for you to keep and cherish forever.

Our Tree of Memories provides you with an opportunity to remember the people you love in a tangible way. Donations generated from the tree will help fund our work in the years to come.



To dedicate your leaf visit:

[www.kirkwoodhospice.co.uk/treeofmemories](http://www.kirkwoodhospice.co.uk/treeofmemories)



## Kirkwood News

Throughout the year, we share lots of stories and snippets about life here at Kirkwood on our website and via social media. Here are just a few of them!

### Terry's 19th Century Antique

Dedicated Kirkwood volunteer, Terry Evans, has always had a passion for antique and vintage items. Terry recently thought of Kirkwood when selling an antique item dating way back to 1878 on behalf of her late friend, John Brook. Selling the item, which was named 'Love Token' raised an astonishing £450 for patient care!



### Josie & Jane

After being diagnosed with an aggressive form of cancer back in February, Jane Gledhill has been receiving care and support from Kirkwood Community Nurse Fiona Marshall at her home in Paddock. With the support of her granddaughter, Josie, and her amazing neighbours, 89 year old Jane has been able to get back to living the active life she loves.



Make sure to visit: [www.kirkwoodhospice.co.uk/news](http://www.kirkwoodhospice.co.uk/news) to read more!

Kirkwood Hospice

@KirkwoodHospice

### The extra mile

Back in July, two families visiting their relatives on Kirkwood's In-Patient Unit went the extra mile, donating lots of goodies and treats during a difficult time to help raise extra funds for patient care. David said: "To me, donating items can bring in a better return for Kirkwood. If I donate money it will always stay at that exact amount but by donating something every day for a raffle, the price can increase and it's not a huge expense for me."



Why not check out our Social Media pages too!

### #HeckHike!

In January 2019, LMB Group's Andy Bean embarked on the mammoth challenge of walking one million steps every month for Kirkwood. On Friday 20th September, 1,500 pupils from Heckmondwike Grammar School came together for the #HeckHike, walking 10 miles in support of Andy's fundraising efforts!





**lottery**  
Kirkwood  
The Hospice for Kirklees

*Scratchcards*

**WIN UP TO  
£1,000**

Pop in to any of our shops and play for just £1!



**lottery**  
Kirkwood  
The Hospice for Kirklees

**£1**  
per ticket

**\* CHRISTMAS SUPERDRAW \***

**Draw Date: Friday 20th December 2019**

**First Prize: £3,000**

For tickets visit: [www.kirkwoodhospice.co.uk/superdraw](http://www.kirkwoodhospice.co.uk/superdraw)  
or contact the Lottery team on: 01484 557913

## GIVE THE GIFT OF A LOTTERY MEMBERSHIP

The Kirkwood Hospice Lottery is the perfect gift for someone special this Christmas! You'll be giving your loved one the chance to win £1,000 in cash prizes every single week! And they'll be helping to care for local people affected by life limiting illnesses too.

This year, Lottery gifts range from £5 to £52. If you choose to gift a year's membership for £52, we'll send you a cute and cuddly Christmas Reindeer Teddy.

For any gifts between £5 and £26, we will send a gift card to you or directly to the person you are buying it for.

It couldn't be easier to sign up a loved one this Christmas. Simply fill in the form on this page, cut it out and return it to us at Kirkwood.



### Kirkwood Hospice Lottery Membership Form

Name:

Address:

Postcode:

Tel:

Email:

I would like to purchase     weeks membership at £1 per week.  
(please circle)

We will send you or your recipient a reindeer teddy for 52 weeks membership. Your gift can be collected direct from the Hospice, from one of our shops or can be delivered for £3.00.

I enclose a cheque made payable to Kirkwood Hospice for: £

#### Recipient's Details (if applicable)

Name:

Address:

Postcode:

Tel:

I would like the gift sent to the recipient by  /  /  at a cost of £3.00

☐ OR I would like the gift sent to me at a cost of £3.00

☐ OR I will collect from the Hospice ☐ OR I will collect from a shop

Signed:

Date:  /  /

Please return your completed form to: Lottery Department,  
Kirkwood Hospice, 21 Albany Road, Dalton, Huddersfield, HD5 9UY.

Registered with the Gambling Commission 000-030439-N-311653-009. If you have any questions, please call our Lottery Team on: 01484 557913 or email: [lottery@kirkwoodhospice.co.uk](mailto:lottery@kirkwoodhospice.co.uk)  
[www.gambleaware.co.uk](http://www.gambleaware.co.uk) Registered Charity No. 512987



# Christmas at Kirkwood

We've got some brilliant festive events for the whole family this Christmas. And we've got some great gift ideas and campaigns for you to get involved in too.

## Treecycling

January 2020

Leave the effort of getting rid of your Christmas Tree to Kirkwood next January!

Book a collection at:  
[www.kirkwoodhospice.co.uk/treecycle](http://www.kirkwoodhospice.co.uk/treecycle)



## Events

### Christmas Fair

**Sat 23rd & Sun 24th November**  
**Oastler Building, University of Huddersfield**

With live entertainment, over 50 stalls, food, drink and activities for the whole family, our Christmas Fair is sure to be a fabulous day out that everyone will enjoy.

### Santa's Grottos

Santa and his Happy Helpers will be arriving at three locations across Kirklees this November - and they're looking forward to meeting your little ones! Find out where and when you can meet Santa this Christmas at: [www.kirkwoodhospice.co.uk/grottos](http://www.kirkwoodhospice.co.uk/grottos)

### Winter Woolly Day

Get involved in our festive dress down day on **Friday 13th December!** We'll send you a pack full of fun ideas and games to get you started when you register. Dig out your best (or worst!) festive jumper and take part: [www.kirkwoodhospice.co.uk/woolly](http://www.kirkwoodhospice.co.uk/woolly)

## Campaigns, Gifts & Greetings

### Personalised Cards

If you're looking for that extra special touch, why not choose from one of our beautiful original designs and finish it with a special personal message! Businesses can even add their company logo for a professional touch! Find out more at: [www.kirkwoodhospice.co.uk/personalisedcards](http://www.kirkwoodhospice.co.uk/personalisedcards)

Personalised Cards are kindly sponsored by:



### Gifts & Cards

We have a fantastic range of Christmas greetings cards for you this year. From local scenes to traditional festive designs, there's something for everyone to enjoy. We also have diaries, calendars and pin badges, all available online and in our shops!



### NEW Decorations

This year, remember someone special in a lovely new way with our range of personalised Christmas Tree Decorations.

For gifts, cards and decorations visit: [www.kirkwoodhospice.co.uk/shop](http://www.kirkwoodhospice.co.uk/shop) or visit your local Kirkwood shop!



# COLOUR RUSH

**On Sunday 8th September, hundreds of people from Kirklees and beyond descended on Oakwell Hall Country Park to join us for the boldest 5k in Kirklees.**

The sun shone brightly and everyone had a fabulous time, with the fun continuing well into the afternoon at our Family Fun Day! We would like to say a huge thank you to everyone who got involved and made the day so special. At this year's Colour Rush, you pledged to raise a brilliant £18,100 for Kirkwood!

*The Colour Rush is kindly sponsored by:*

**JAY-BE** **ridley&hall**  
Sleep Smart solicitors

# 2019 MIDNIGHT MEMORY WALK

**This year was our biggest and best Midnight Memory Walk yet! A phenomenal 1,410 of you laced up in memory of a loved one and we're delighted to announce that the total you have pledged to raise has increased to a staggering £173,976!**

We would like to say a big thank you to everyone who stayed up late to take part. Whether you walked with friends and family or volunteered your time, your support has made a huge difference for people in your local community. Thank you!

Local supporter, Rob Thewlis, took on the 10 mile route for

the ninth time this year!

He said: "After my mum died, I really realised how much Kirkwood do for people. The care is vital. If you don't support your local charity, you lose them. And we can't lose Kirkwood."

*The Midnight Memory Walk is kindly sponsored by:*

**syngenta**  
*Bringing plant-potential to life*

**F&G**  
Huddersfield



Register your interest in our 2020 events on our website today!

## Piano Performance strikes a Chord

After 57-year-old Teresa Pukacz from Fixby was diagnosed with Pancreatic Cancer, she visited Kirkwood's Support & Therapy Centre for Complementary Therapy sessions and Creative Art classes. When her health deteriorated, she was admitted to Kirkwood's In-Patient Unit, where her family were able to come together and create some very special memories.

Following Teresa's admission to Kirkwood, the Pukacz family were overwhelmed by the support they received and the opportunities presented to make family life as normal as possible. From ordering pizza and Chinese takeaway to eating ice cream and enjoying the beautiful Hospice gardens, Kirkwood became a "home from home" for the Pukacz family.

As a lover of gardening, the beautiful surroundings at Kirkwood also had a positive effect on Teresa during her stay.

Kasia said: "Mum loves gardening so much. We were so happy that she had a room with her own terrace so she could spend time outside in the fresh air while smelling the flowers around her. It's perfect."

"People shouldn't be daunted by the word Hospice; it really is amazingly homely here."

Music is a big part of family life for the Pukacz; Teresa has enjoyed listening to her daughter, Kasia, play the piano since she was a young girl. So when the Kirkwood team found a piano for

them to play during their stay, the family were delighted.

After Teresa's condition began to deteriorate, she was unable to move from her room to hear Kasia play. So the Kirkwood team arranged for the piano to be taken to Teresa's room.

"Mum hadn't woken up in a while, so I decided to play one of her favourite pieces. She woke up swaying her knees to the music and asked for a kiss from my dad. Even when Mum wasn't awake, I know she could hear."





# KEEP YOUR SPARKLE

For many, undergoing treatments for illnesses such as cancer can result in visible changes. Keep Your Sparkle is a new workshop for ladies who are dealing with the visible signs of cancer and cancer treatments. It's being held at Kirkwood Hospice.

**Keep Your Sparkle launched back in September to give ladies a place to share tips and get advice from dedicated beauty therapists. A fully qualified beauty therapist is on hand at each session to advise on skin care and makeup techniques, aiming to increase their confidence and wellbeing.**

The workshop is run by the Complementary Therapy Team and Kirkwood's Holmfirth shop manager, Michaela Statham,

who accessed Kirkwood's services herself when going through cancer treatment.

The Keep Your Sparkle workshop offers a safe, protected space to access advice and support for anyone who has experienced changes to their appearance following illnesses such as cancer, or medical treatments like chemotherapy.

**If you think you or someone you know might benefit from Keep Your Sparkle, you can find out more or book your place by contacting a member of our Complementary Therapy Team on: 01484 557900**

You can also find out more at our website: [www.kirkwoodhospice.co.uk/keepyoursparkle](http://www.kirkwoodhospice.co.uk/keepyoursparkle)

## Compliments to Kirkwood

We receive feedback about the care and support we provide for people affected by life limiting illnesses every single day here at Kirkwood. Our team are always humbled by the moving and heartfelt compliments we receive. Here are just a few of the things that people had to say...

"There are no words to describe how amazing Kirkwood is. My mum said one day when we were having a cup of tea on her private decking that she 'felt like she was on holiday'. The staff are like angels - and the support that they gave, not just to my mum, but to my family, is something we will forever be grateful for. Kirkwood provided sunshine and light in our darkest of days. Thank you for everything."

**Stephanie Youatt**

"It's not just about what Kirkwood do at the Hospice. For me, it's more about what they've done for my dad. He struggled with his mental health after my mum died, but he attended the Bereavement Drop-In sessions for one year and although he was reluctant to go at first, he's said it makes him feel lighter once he's been."

**Nikki-Joe Baxter**

"When you've got a breathing problem and can't get out much, you feel as though you're isolated and like you're the only one going through something. We came to Support & Therapy and it was very reassuring to know that everybody feels the same."

**Jean Melville**

## Kirkwood Events

**Saturday 16th November**  
**The Annual Kirkwood Ball**  
The John Smith's Stadium, Huddersfield, 7pm

**Saturday 23rd & Sunday 24th November**  
**Christmas Fair**  
Oastler Building, University of Huddersfield  
11am - 4pm

**Saturday 7th & Sunday 8th December**  
**Light up a Life**  
Kirkwood Hospice, 4.30pm

**Wednesday 11th December**  
**Light up a Life**  
Kirkwood Hospice, 6.30pm

**Friday 13th December**  
**Winter Woolly Day**

**Saturday 14th December**  
**Christmas Coffee Morning**  
Kirkwood Hospice, 10am - 12noon

**Saturday 14th December**  
**Light up a Life**  
Longcauseway Church, Dewsbury, 12 noon

**Wednesday 8th - Sunday 12th January 2020**  
**Treecycling Collections**

**Saturday 18th January 2020**  
**Community Coffee Morning**  
Kirkwood Hospice, 10am - 12noon

**Saturday 15th February 2020**  
**Community Coffee Morning**  
Kirkwood Hospice, 10am - 12noon

**Saturday 21st March 2020**  
**Community Coffee Morning**  
Kirkwood Hospice, 10am - 12noon

**Saturday 21st March 2020**  
**Community Coffee Morning**  
Kirkwood Hospice, 10am - 12noon

**Saturday 20th June 2020**  
**Midnight Memory Walk**  
University of Huddersfield

## Support Group Events

### Batley & Birstall Support Group

**Saturday 9th November 2019**  
**Christmas Fair**  
Batley Town Hall, 10.30am - 3pm

**Sunday 24th November 2019**  
**A Taste of Christmas**  
Gomersal Park Hotel, 2pm - 4.30pm

**Saturday 30th November 2019**  
**Rock Choir**  
St. Thomas' Church, WF17 0LX, 7.30pm

**Saturday 21st March 2020**  
**Spring Coffee Morning**  
Batley Town Hall, 10am - 12 noon

For more information or to get tickets for A Taste of Christmas or the Rock Choir, please contact the Fundraising team at Kirkwood on: 01484 557911

### Cleckheaton Support Group

**Saturday 23rd November 2019**  
**Christmas Fair**  
Central Methodist Church, Cleckheaton, BD19 5AR,  
10am - 1pm

### Kirkheaton Support Group

**Thursday 31st October 2019**  
**Beetle Drive**  
United Church, Kirkheaton, 1.30pm

**Saturday 23rd November**  
**Christmas Fair**  
United Church, Kirkheaton, 2pm - 4pm

## Shop Directory

### ALMONDBURY

89 Northgate, Almondbury, HD5 8RX  
01484 428281 / Mon - Sat 9am - 5pm

### BATLEY

89 Commercial Street, Batley, WF17 5EF  
01924 420791 / Mon - Sat 9am - 5pm

### CLECKHEATON

47 Northgate, Cleckheaton, BD19 3HS  
01274 864667 / Mon - Sat 9am - 5pm

### DENBY DALE

335a Wakefield Road, Denby Dale, HD8 8RT  
01484 861087 / Mon - Sat 9am - 5pm

### DENBY DALE LIBRARY & CAFÉ

364 Wakefield Road, Denby Dale, HD8 8RX  
01484 860135 / Mon - Fri 10am - 4pm / Sat 9am - 12noon

### DEWSBURY

24 Long Causeway, Dewsbury, WF12 8EN  
01924 460122 / Mon - Sat 9am - 5pm / Sun 10am - 4pm

### eBay

Tel: 01484 540678

### FURNITURE STORE

337 Wakefield Road, Moldgreen, HD5 8DE  
07724 778300 / Mon - Sat 9am - 5pm / Sun 11am - 5pm

### HOLMFIRTH

17 Victoria Square, Holmfirth, HD9 2DN  
01484 685020 / Mon - Sat 9am - 5pm / Sun 10.30am - 4pm

### HONLEY

21 Westgate, Honley, HD9 6AA  
01484 667439 / Mon - Sat 9am - 5pm

### HUDDERSFIELD

5 Byram Street, Huddersfield, HD1 1BX  
01484 430326 / Mon - Sat 9am - 5pm

### KIRKBURTON

66 North Road, Kirkburton, HD8 0PA  
01484 609312 / Mon - Sat 9am - 5pm

### LINDLEY

90 Acre Street, Lindley, HD3 3EL  
01484 452874 / Mon - Sat 9am - 5pm

### MARSDEN

Marsden, 30 Peel Street, Marsden, HD7 6BW  
01484 768879 / Mon - Sat 9am - 5pm / Sun 10am - 4pm

### MARSH

142 Westbourne Road, Marsh, HD1 4LF  
01484 541075 / Mon - Sat 9am - 5pm

### MELTHAM

15 Huddersfield Road, Meltham, HD9 4NJ  
01484 851373 / Mon - Sat 9am - 5pm

### MILNSBRIDGE

46 Market St, Milnsbridge, HD3, 4HY  
01484 652811 / Mon - Sat 9am - 5pm

### MIRFIELD

172 Huddersfield Road, Mirfield, WF14 8AN  
01924 493660 / Mon - Sat 9am - 5pm

### NEWSOME

2-4 Ruth Street, Newsome, Huddersfield, HD4 6JF  
01484 543994 / Mon - Sat 9am - 5pm

### SLAITHWAITE

33 Britannia Road, Slaithwaite, HD7 5HF  
01484 846021 / Mon - Sat 9am - 5pm

### WATERLOO

630a Wakefield Road, Waterloo, HD5 8PZ  
01484 516552 / Mon - Sat 9am - 5pm

### WYKE

Unit 3-4 Wyke District Centre, Towngate, Wyke  
01274 672862 / Mon - Sat 9am - 5pm / Sun 10am - 4pm



If you would rather not receive our Newsletter, please contact the Fundraising Department on: 01484 557911 or email: [fundraising@kirkwoodhospice.co.uk](mailto:fundraising@kirkwoodhospice.co.uk) or write to us at the following address: The Fundraising Department, Kirkwood Hospice, 21 Albany Road, Dalton, Huddersfield, HD5 9UY.

If you would like to receive the Newsletter by email, please contact Kirkwood Hospice. If you do not receive a personal copy of the Newsletter but would like to do so, please contact us. If you have received more than one copy of our Newsletter then please tell us so that we can amend our database.

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