



Palliative & End of Life EDUCATION DIRECTORY 2025-26

Developed by Kirklees & Calderdale
End of Life Education Group

Locala

Overgate
MANCHESTER

NHS
Calderdale and Huddersfield
NHS Foundation Trust

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SUPPORT
LIFE

Preface

The Kirklees and Calderdale Palliative and End of Life Care Education group work together to develop this directory.

It is somewhere where you can find the training offer provided for palliative and end of life care across our localities. There is always development of new education opportunities, so please look out for updated versions throughout the year.

The group consists of the following organisations:

- The Kirkwood
- Calderdale & Huddersfield NHS Trust
- Overgate
- Locala
- St Anne's
- Mencap
- The University of Huddersfield
- Local Care Direct
- Skills For Care
- Roche Healthcare
- West Yorkshire ICB

The aim of our group is to promote sector wide collaboration in education delivery to ensure agreed standards for education and equity of access to education, enhancing palliative and end of life care for people in Kirklees and Calderdale.

Our ambition is to provide a high standard of clinical education across all sectors. By working together and standardising the approach to education, we ensure that our training and education across both Kirklees and Calderdale is quality assured and developed in line with current standards, best practice and evidence, as well as providing consistency of practice standards.

We aim to provide specialist training for all services and providers to increase capability confidence and skill, enhancing the quality of care for as many people as possible across Kirklees and Calderdale.

Providing care and support for people at the end of their life is a privilege, but we know that there are challenges and complexities to being able to do this. We want everyone to receive excellent palliative and end of life care, after all we have **one chance** to get it right, by providing compassionate, dignified, person centred care.

If you are looking for training that does not appear in the directory, please get in touch with one of the providers in your locality – their contact details are on the back pages.

If you want to join The Kirklees & Calderdale EOL Education Group or have any questions about the directory, please contact us on learning@thekirkwood.org.uk .

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Grief & Bereavement

Managing Difficult Symptoms

Mouthcare

Caring for Someone's Spiritual Needs

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Syringe Pump

Personal & Professional Development

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7th Recognising Dying (CHFT)	11th Active Listening Skills (The Kirkwood)	3rd Understanding Ourselves: Personal & Professional Development (The Kirkwood)
9th Building Your Resilience Toolkit (The Kirkwood)	11th Syringe Pump (Locala)	11th Building Your Resilience Toolkit (The Kirkwood)
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22nd Intro to Palliative & EOLC (The Kirkwood)	27th Working with Grief (The Kirkwood)	
29th & 6th Nov Lost for Words: The McGuire Advanced Communications (The Kirkwood)		

ACTIVE LISTENING SKILLS

The aim of this CPD accredited workshop, is to equip all health and social care professionals with in-depth listening skills to use in their working environment. This workshop provides 3 hours of CPD (Continuing Professional Development).

Topics covered in the course

Develop a deeper grasp and understanding of listening skills for working with patients and families

Improve their overall communications skills

Increase their confidence in their personal working skills

Enhance their ability to hold difficult conversations and attend to emotions

Improve their reflections and feedback skills

Please select the date you would like to attend

All workshop dates will be held at:
The Kirkwood, 21 Albany Rd, Dalton, Huddersfield from 13.30 until 14.30

Tues
11th Nov
2025

Tues
24th Feb
2026

How to sign up to our workshop

The cost of this workshop is £55+VAT per delegate.

Secure your seat today by scanning the QR Code below to be taken directly to our sign up form, alternatively you can visit our website.

thekirkwood.org.uk/how-we-can-help/education-training/education-programme

Need clinical advice?
Call our 24/7 advice line:

01484 557 910
THEKIRKWOOD.ORG.UK

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THE CPD STANDARDS OFFICE
CPD PROVIDER: 21674
2023-2025
www.cpdstandards.org

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ADVANCE CARE PLANNING

Do you have conversations with people about their care or the care of a loved one?
Do you support people in thinking about their care as they become less well?

If so, then this session is for you and is FREE for all Health Care Professionals.

Topics covered in the course

Having those conversations with patients, and those important to them, about their wishes for future care/support – including by telephone and/or video call.

Picking up on cues and supporting people to talk openly about things that may be concerning them.

Recording and sharing people's wishes for future care.

Please select the date you would like to attend

All workshop dates will be held at:
The Kirkwood, 21 Albany Rd, Dalton, Huddersfield from 10.00 until 13.00

Thurs
2nd Oct
2025

Tues
2nd Dec
2025

Weds
18th Feb
2026

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No cost to Health Care Professionals for this workshop.

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Advance Care Planning & Communication Skills

Call our 24/7 advice line: **The interactive session will cover the following:**

- Having conversations with patients/residents/clients and those important to them about their wishes for future care/support – including by telephone and/or videocall
- Picking up on cues and supporting people to talk openly about things that may be concerning them
- Recording and sharing people's wishes for future care

Join one of our FREE sessions for all Health Care Professionals

Where: HRI Forum 1b

When: Thursday 20th November 2025

What time: 9:15am – 4:00pm

Please contact the Overgate Hospice Education Team by email for further information.
To book at education@overgatehospice.nhs.uk or eolcteam@cht.nhs.uk

BUILDING YOUR RESILIENCE TOOLKIT: SELFCARE IN EOLC

Resilience is the ability to cope with and/or recover from difficult situations or setbacks.

In this 1-day CPD interactive workshop, aimed at anyone in a high-pressured environment, involved with stressful situations both in work or life, or in a caring role.

Topics covered in the course

Exploring what resilience is.

The importance and limitations of resilience.

The factors that adversely affect our resilience, and how we can limit those effects.

Ways in which to increase our own resilience.

Please select the date you would like to attend

All workshop dates will be held at:

The Kirkwood, 21 Albany Rd, Dalton, Huddersfield from 9.30 until 16.40

**Thurs
9th Oct
2025**

**Thurs
11th Dec
2026**

How to sign up to our workshop

The cost this of this workshop is £150+VAT per delegate.

Secure your seat today by scanning the QR Code below to be taken directly to our sign up form, alternatively you can visit our website.

thekirkwood.org.uk/how-we-can-help/education-training/education-programme

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Call our 24/7 advice line:

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Care Home Support Team

Education for Kirklees Care Homes

2025-2026

There is no charge for these sessions

This training is available for all care home staff.
These individual learning packages are designed to be delivered
face to face in Care Home or virtually.
All those who attend will receive a certificate of attendance.
Most Education Sessions last between 1 and 2 hours.

Catheter Care and Hydration for Carers
Diabetes Awareness for Carers
Epilepsy, Seizures and Administration of Buccal Midazolam
Medicines
MUST and Nutrition Awareness
Pressure Ulcer Prevention
ReSPECT
Soft Signs of Deterioration and Observations

To book a session please contact: chsteducation@locala.org.uk

Lisa Choma: Telephone 0303 003 4374/07708 873602 lisa.choma@locala.org.uk

Suzanne Vear: Telephone 0303 330 9126/07763 542383 Suzanne.vear@locala.org.uk

Education for Care Homes

Overgate Hospice provides specialist palliative and end-of-life care to the people of Calderdale. If your care home would like to learn more about caring for people in their final stages of life, our Education Team are happy to train you on any of the subjects below!

**Communication
Skills**

**Mouth
Care**

**Recognising
Death**

**Palliative Care
Overview**

**Syringe
Drivers**

**Advance Care
Planning**

Verification on Death (for Registered Nurses)

We also offer bespoke training on any topics regarding palliative care you would like to know more about.

For more information, or to book a training session, contact the Overgate Hospice Education Team at education@overgatehospice.nhs.uk

Palliative Care Education for Kirklees Care Homes 2025-26

There is no charge for these sessions.

This training is available for all care home staff.
These individual learning packages are designed to be delivered face to face
in Care Home or virtually.

All those who attend will receive a certificate of attendance.

Most Education Sessions last between 1 and 2 hours.

Advance Care Planning
Bereavement
Breaking Bad News
Case Study Work
Communication Skills
Recognising the Deteriorating and Dying Resident for both Nurses and Carers
Syringe Pump Education for Nurses
Mouth Care and Oral Hygiene
Symptom Management at End of Life for Carers
Symptom Management and Medicines at End of Life for Nurses
ReSPECT
Verification of Expected Adult Death for Nurses and Registered Healthcare Professionals

To book a session please contact: chsteducation@locala.org.uk

Lisa Choma: Telephone 0303 003 4374/07708 873602 lisa.choma@locala.org.uk

Suzanne Vear: Telephone 0303 330 9126/07763 542383 Suzanne.vear@locala.org.uk

LOST FOR WORDS: ADVANCED COMMUNICATION SKILLS

Using a blended learning approach, this CPD accredited programme uses an evidence-based practice along with key communication skills and behaviours, allowing participants to test these approaches on real examples drawn from their own practice, in a safe and supportive learning environment.

Delivered by qualified Clinical Educators and Maguire trained practitioners with vast experience of specialist palliative care.

Topics covered in the course

Digital Self Study – up to 120 minutes of evidence gathering, knowledge gaining and preparation.

90 minutes TEAMS pre-workshop ‘Introductions & Expectations’ session approx. 1 week prior to the face-to-face workshop.

1-day practical workshop – looking at the application of having difficult conversations, the practice and evaluations.

Please select the date you would like to attend

All workshop dates will be held at:

The Kirkwood, 21 Albany Rd, Dalton, Huddersfield from 9.30 until 16.40

Teams:
17th Sept 25
Workshop:
30th Sept 25

Teams:
29th Oct 25
Workshop:
6th Nov 25

Teams:
3rd Feb 26
Workshop:
10th Feb 26

How to sign up to our workshop

The cost this of this workshop is £275+VAT per delegate.

Secure your seat today by scanning the QR Code below to be taken directly to our sign up form, alternatively you can visit our website.

thekirkwood.org.uk/how-we-can-help/education-training/education-programme

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Communication Skills: for those working with patients and their families at the end of life

This session will also allow you the opportunity to reflect on your own communications skills. Suitable for care home carers/support workers/healthcare assistants/domiciliary carers.

The interactive session will cover the following:

- Why communication is important.
- What affects the way we communicate.
- Starting the conversation.
- Communication in difficult situations.

Join one of our FREE sessions at Overgate Hospice

Where: Overgate Hospice, 30 Hullen Edge Road, HX5 0QY

When: Monday 11th August 2025

What time: 2:00pm – 4:00pm

To book a session or for more information, please email
education@overgatehospice.nhs.uk

Enhanced Communication

Skills: Practitioner Level

Suitable for all practitioners who come into contact with palliative and/or end-of-life patients.

Learning Outcomes – by the end of the course you will:

- Understand the importance of effective communication in health and social care
- Be able to identify and practise the skills to facilitate effective communication
- Be able to identify potential barriers to effective communication in health and social care
- Be able to discuss, identify and demonstrate strategies to manage communication challenges

What will I learn:

The course aims to increase your confidence and competence in communication with palliative care patients and their carers. There will be an opportunity to practise key communication skills within a set scenario. We will cover scenarios that will include dealing with emotions like anger, denial and distress, also with withdrawn patients and difficult questions.

2025 Course Dates and Venues:

Tuesday 9th September

HRI Forum 1b

Thursday 27th November

HRI Forum 1b

If you would like to reserve a place on this course, please contact our Education Team on education@overgatehospice.nhs.uk or email EoLCTeam@cht.nhs.uk

End of Life – Communication Skills

For all HCAs 2025



At the end of the course, you will be able:

Understand the importance of communication.

Be able to identify and practise your skills in different circumstances.

Be able to identify potential barriers and how to overcome them.

Have different ideas/ways to help others to communicate.

Have you an interest to improve your communication skills?

Do you feel ‘shy’ talking to patients and relatives when they are distressed, upset or angry?

Do you want to learn and understand how better skills will make you feel more at ease?

Dates and Venues

21st October 2025

Forum 2 HRI

9am – 4pm

To book a place – contact

EoLCTeam@cht.nhs.uk

DELIRIUM: WHAT YOU NEED TO KNOW

Facilitated by our specialist Dementia Nurses, this half-day FREE session is designed for all Health Care Professionals with an understanding of delirium.

Topics covered in the course

What is delirium

Signs and symptoms of dementia and delirium

Difference between dementia and delirium

Diagnosis and treatment for delirium

Assessment tools

Delirium at end of life

Prevention of delirium

Please select the date you would like to attend

All workshop dates will be held at:

The Kirkwood, 21 Albany Rd, Dalton, Huddersfield from 13.30 until 16:00

Tues
2nd Dec
2025

Weds
18th Feb
2026

How to sign up to our workshop

No cost to Health Care Professionals for this workshop.

Secure your seat today by scanning the QR Code below to be taken directly to our sign up form, alternatively you can visit our website.

thekirkwood.org.uk/how-we-can-help/education-training/education-programme

Need clinical advice?
Call our 24/7 advice line:

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Dementia and Advance Care Planning

The interactive session is suitable for all health and social care staff in Calderdale and will cover the following:

- An overview of dementia delivered by an experienced mental health nurse.
- Communication and dementia.
- Mental capacity and best interests.
- How to approach Advance Care Planning for people living with dementia.

Join one of our FREE sessions at Overgate Hospice

Where: Overgate Hospice, 30 Hullen Edge Road, HX5 0QY

When: Wednesday 20th August, 2:00pm – 4:00pm

Please contact the Overgate Hospice Education Team by email for further information or to book at education@overgatehospice.nhs.uk

PROMOTING EXCELLENCE IN DEMENTIA CARE

This 1-day CPD accredited workshop is designed for Health Care Professionals to enhance their knowledge around Dementia Care. Delivered by our specialist Dementia Care Nurses, this workshop will enhance skills and confidence around Dementia, enabling you to effectively support people living with Dementia and their carers.

Topics covered in the course

What is dementia

Common signs and symptoms

Effective communication tools

Awareness of advanced care planning for people with dementia

Progression of dementia

Enabling effective support

Please select the date you would like to attend

All workshop dates will be held at:
The Kirkwood, 21 Albany Rd, Dalton, Huddersfield from 10.00 until 15.00

**Tues
25th Nov
2025**

How to sign up to our workshop

The cost of this workshop is £100+VAT per delegate.

Secure your seat today by scanning the QR Code below to be taken directly to our sign up form, alternatively you can visit our website.

thekirkwood.org.uk/how-we-can-help/education-training/education-programme

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INTRO TO PALLIATIVE & END OF LIFE CARE

This 1-day CPD course will provide an introduction and overview to palliative and end of life care, allowing participants to be able to support those living with life-limiting illnesses.

Topics covered in the course

Have an awareness of the principles and aims for caring for people with multiple needs at the end of life.

Identify any fears/worries about caring for someone who is approaching the end of life.

Identify the tools needed to communicate with different people at end of life.

Identify ways to cope with the bereavement process for themselves, families and carers.

Please select the date you would like to attend

All workshop dates will be held at:
The Kirkwood, 21 Albany Rd, Dalton, Huddersfield from 10.00 until 15.00

Weds
22nd Oct
2025

Thurs
15th Jan
2026

How to sign up to our workshop

The cost this of this workshop is £150+VAT per delegate.

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Palliative and End-of-Life Care Training

These sessions are for healthcare professionals and carers in care and domiciliary homes. The Overgate Education Team will provide you with the knowledge and tools to care for your patients at the end of their lives, enhancing their experience and expanding your skills.

When: Monday 10th November 2025

Where: Overgate Hospice, 30 Hullen Edge Road, HX5 0QY

What time: 2:00pm – 4:00pm

To book please contact the Overgate Education Team on education@overgatehospice.nhs.uk or call 01422 379151

WORKING WITH GRIEF

This 1-day CPD accredited workshop, facilitated by our highly qualified Counselling Team, looks at understanding the physical, emotional and psychological effects of grief and will enable participants to develop their skills and knowledge when working with bereaved people.

Topics covered in the course

Link models and theories to grief and lived experiences.

Recognising the elements of the grieving process

Understanding how attached is central to working with grief

Identifying how grief manifests in different individuals

The importance of rites and rituals in processing grief

Please select the date you would like to attend

All workshop dates will be held at:
The Kirkwood, 21 Albany Rd, Dalton, Huddersfield from 9:30 until 16:30

Weds
17th Sept
2025

Thurs
27th Nov
2025

Weds
4th March
2026

How to sign up to our workshop

The cost this of this workshop is £150+VAT per delegate.

Secure your seat today by scanning the QR Code below to be taken directly to our sign up form, alternatively you can visit our website.

thekirkwood.org.uk/how-we-can-help/education-training/education-programme

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Grief and Bereavement

Registered Charity (No.512897)

The interactive session will cover the following:

- what is bereavement
- the impact of grief and bereavement
- what we can do to help those who are suffering grief and loss
- useful resources

Join one of our FREE sessions at Overgate Hospice

Where: Overgate Hospice, 30 Hullen Edge Road, HX5 0QY

When: Wednesday 13th August, 2:00pm – 4:00pm

To book please contact the Overgate Education Team on
education@overgatehospice.nhs.uk or call 01422 379151

Registered Charity Number: 511619

How to Deliver Excellent Mouthcare

Keep up to date with a FREE evidence-based teaching session to help maintain your residents' oral health.

When: Wednesday 20th October, 2:00pm – 3:00pm

Where: Overgate Hospice, 30 Hullen Edge Road, HX5 0QY

This session will cover assessment, common mouth conditions and treatment. Suitable for all health and social care staff.

To book, or for more information please email

education@overgatehospice.nhs.uk

Recognising Dying

Training sessions for 2025

Do you want to learn more about recognising and caring for people at the end of life and improve your skills within this practice?

The end of life care team are facilitating some training sessions open to clinical staff caring for patients at the end of life.

Hospital is the most common place of death (43.4%) followed by home (28.7%).

(OS palliative and end of life care profile December 2023: Updated 17 September 2024)

Outcomes include:

- Increased confidence in delivering end of life care.
- Understand why recognising dying is important.
- Recognise the signs and symptoms of a patient nearing the end of life.
- Discussing management of symptoms at the end of life including the awareness of anticipatory medicines and non-drug measures.
- Knowing where to access support.

Where and when

Tuesday 7 th October 2025	9.00am - 11.30am	1.00pm – 3.30pm	Training Room 1 The Learning Centre CRH
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For more information and to book a place please email EoLCTeam@cht.nhs.uk

Syringe Pump

Face to Face Education for Nursing Home Nurses 2025-26

There is no charge for these sessions

This learning package is designed to provide you with the underpinning theoretical knowledge to embark on extending your clinical practice with the use of syringe pumps.

The aim of the training is to equip you with the required knowledge and skills essential to become competent in the use of the Syringe Pumps.

This training will be delivered Face to Face.

All those who attend will receive a certificate of attendance.



The following dates are available:

Mill Hill Health Centre – Wednesday 17th September 2025 2pm-4pm

Eddercliffe Health Centre – Tuesday 11th November 2025 2pm-4pm

Eddercliffe Health Centre – Tuesday 10th March 2026 2pm-4pm

Places are limited for Face-to-Face training so please apply early

To book a session please contact: chsteducation@locala.org.uk

Lisa Choma Telephone 030 003 4374/07708 873602 lisa.choma@locala.org.uk

Suzanne Vear 0303 330 9126/07763 542383 suzanne.vear@locala.org.uk

UNDERSTANDING OURSELVES: PERSONAL & PROFESSIONAL DEVELOPMENT

This 1-day CPD accredited workshop, has been designed to equip health & social care professionals with a greater understanding of how they behave and relate to others, in order to maximise their coping skills both personally and professionally.

Topics covered in the course

Recognise how we intuitively jump to conclusions and why

Develop skills and awareness to have positive interactions with others

Become aware of valuable assets within ourselves

Link models and theories to grief and lived experiences

Understand how early experiences can influence thoughts and feelings

Please select the date you would like to attend

All workshop dates will be held at:

The Kirkwood, 21 Albany Rd, Dalton, Huddersfield from 9:30 until 16:30

Thurs
2nd Oct
2025

Weds
3rd Dec
2025

Tues
24th March
2026

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Verification of Adult Expected Death training

The aim of the training is to equip you with the required knowledge and skills essential to become competent in verifying expected death.

When: 7th October

Suitable for: healthcare professionals in CHFT/Calderdale

Where? This training will be delivered by teams

What time: 2pm until 4pm

This session is for Registered Nurses who meet specific entry criteria. Please contact eolcteam@cht.nhs.uk for further information and to book a place.

Virtual Verification of Expected Adult Death (VOEAD) Education 2025-26

There is no charge for these sessions

This training is available for experienced Registered Nurses and Registered Healthcare Professionals providing end of life care to be able to verify the expected death of a resident/patient. This learning package is designed to provide you with the underpinning theoretical knowledge to embark on extending your clinical practice to verify expected adult death.

The aim of the training is to equip you with required knowledge and skills essential to become competent in verifying expected adult death. This training will be delivered virtually by Microsoft Teams.

All those who attend will receive a Certificate of Attendance.

The following dates are available:

Tuesday 9th September 2025 2pm-3:30pm
Wednesday 19th November 2025 2pm-3:30pm
Wednesday 14th January 2025 2pm-3:30pm
Tuesday 17th March 2026 2pm-3:30pm

To book a session please contact: chsteducation@locala.org.uk

Lisa Choma Telephone 030 003 4374/07708 873602 lisa.choma@locala.org.uk

Suzanne Vear 0303 330 9126/07763 542383 suzanne.vear@locala.org.uk

Key Contacts

Kirklees

Locala

chsteducation@locala.org.uk

Lisa Choma Telephone 03030034374/ 07708873602

lisa.choma@locala.org.uk

Suzanne Vear 03033309126/07763542383

Suzanne.vear@locala.org.uk

The Kirkwood

learning@thekirkwood.org.uk

01484 557900

Calderdale

Overgate Hospice

education@overgatehospice.nhs.uk

01422 379151

Calderdale & Huddersfield Foundation Trust

eolcteam@cht.nhs.uk

01484 342180